

COLUMBIA NEIGHBORS

B U L L E T I N



A classroom at Columbia University. Photo credit: Eileen Barroso/Columbia University

COMMUNITY UPDATES

Class Auditing Benefits Manhattanville Entrepreneur

Columbia's Manhattanville Course Auditing program allows adult community members, not currently enrolled in college, to attend selected courses from the University's offerings in the Arts and Sciences—free of charge.

Gretchel Hill, an independent entrepreneur and a resident of the NYCHA's Grant Houses complex, took advantage of the free classes to learn more about business insights, entrepreneurship, pitch presentations, and much more.

"The Digital Product and Entrepreneurship course at Columbia gave me more insight into building

a website and PowerPoint presentation, learning customer personas, and entrepreneurship," said Hill.

"[It also taught me] how to relate my products to customers, pitch my presentation to investors, and update my website to be more user-friendly."

This community benefit is available to residents of the Manhattanville and Grant houses, and the local Manhattanville community in qualifying zip codes in Upper Manhattan.

For more information on the auditing program, visit neighbors.columbia.edu/auditing.

Local Outdoor Summer Programs for Seniors

Check out these Columbia Community Service grantees that are helping seniors stay active and outdoors this summer.

Lifeforce in Later Years (LiLY), which works to enhance the wellbeing of the senior community, holds a walking group just for seniors.

DOROT helps to address the challenges facing seniors and holds a weekly walking group with New York Road Runners coaches in Central Park.

Dances for a Variable Population is a movement-centered community that provides outdoor dance classes for seniors at locations around the city.



Outdoor dance class with LiLY. Photo credit: LiLY

No registration required!

Learn how to get involved with these programs at neighbors.columbia.edu/senior-programs.

COMMUNITY EVENTS



Volunteer with Good Vibes in the Park

May 1 - May 31

Interested in helping the Good Vibes in the Park team by volunteering? Reach out before the end of May to join.

neighbors.columbia.edu/gvip-24



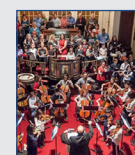
Children's Emotional Wellness

May 4,
10:00 am - 12:00 pm

Join Columbia Irving Medical Center and

NewYork-Presbyterian experts for a workshop to learn how to support children's and teens' emotional health.

neighbors.columbia.edu/cew-24



Bach to Borikén

May 10,
7:00 pm - 8:00 pm

Join Bloomingdale School of Music for a free concert spanning

genres from baroque to 20th-century danzas from Puerto Rico.

neighbors.columbia.edu/bach-pr



Science in the Park

May 18,
10:00 am - 1:00 pm

Join Morningside Park at the 120th Street entrance for a

day of children's science activities and demonstrations.

neighbors.columbia.edu/park-sci