

**Manhattanville in West Harlem Implementation Plan Report  
October 15, 2024 Submission**

**Declaration Reference and Key Data**

Obligation Section Number: **5.07(c)(iii)**

Obligation Title: **Mobile Dental Center for Pre-School Children**

Obligation Page Number: **52**

Obligation Trigger: **Acquisition by ESD or CU of all Initial Stage 1 Condemnation Parcel(s)**

Obligation Start Date: **March 12, 2012**

Obligation End Date: **March 12, 2037 (25 Years from Commencement)**

Obligation Status: **In Compliance**

**Obligation: Innovation/Changed Conditions**

In accordance with the Declaration of Covenants and Restrictions Section 5.08, Obligation 5.07 (c)(iii) is modified to clarify the obligation. In general, the scope of services to be provided has not been changed. Empire State Development and Columbia University agreed to this modification on November 28, 2018.

**Modified Language:**

*Mobile Dental Center for Pre-School Children.* Commencing with the acquisition by ESD or CU of all Initial Stage 1 Condemnation Parcels, and continuing for a 25-year period commencement, CU shall extend its Mobile Dental Center to service pre-school children and seniors from the Manhattanville in West Harlem area. CU's College of Dental Medicine operates a mobile Dental Center. It is fully equipped with two dental operatories, x-ray equipment, waiting/oral health education area and handicapped accessible chairlift. The Mobile Dental Center is staffed with a dentist, pediatric resident, dental hygienist, dental assistant, and driver/data entry clerk. The Center currently travels to over 50 local Day Care and Head Start centers throughout northern Manhattan during the school year offering children ages 3-5 years comprehensive dental care. Parked adjacent to the host site two or more times per month, follow-up appointments are made every six months. Children requiring specialty services are referred to affiliated Community DentCare or Children's Aid Society dental clinics located throughout Washington Heights/Inwood and Harlem. CU's partnership with Alianza Dominicana facilitates enrollment into Medicaid or Child Health Plus for the uninsured.

**Alternatives Based on Changed Conditions**

While the Declaration states the Mobile Dental Center shall service pre-school children and seniors, dental services for seniors are offered through the ElderSmile program as reflected in the next commitment under Section 5.07(c)(iv).

The Columbia University College of Dental Medicine Community DentCare program partners with neighborhood organizations to provide health screenings and dental services at sites around Northern Manhattan and the South Bronx. The Mobile Dental Center focuses on pre-school children. The ElderSmile Program focuses on seniors. Services continue to be provided within the catchment area defined in the commitment overview above. Visits to each host site by the mobile health clinics are scheduled in coordination with leadership of each host site. The frequency of visits is determined in collaboration with each site based on site availability and preference. Follow-up appointments are made in accordance with each individual patient's dental requirements and in coordination with each site.

**Evidence of Compliance**

1. Link to website
2. Annual report

Columbia University's Implementation Plan and all supporting documentation are made available on the Columbia Neighbors Webpage at <https://neighbors.columbia.edu/content/community-commitments>.



# Mobile Dental Center for Pre-School Children

## Link to website:

<https://www.dental.columbia.edu/about-us/community-outreach/community-dentcare-program>

COLUMBIA UNIVERSITY IRVING MEDICAL CENTER

We are open for dental care. [Learn more about our services](#) and how we are keeping our patients and employees safe.

COLUMBIA COLLEGE OF DENTAL MEDICINE

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[Community Outreach](#)

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[Global Initiatives](#)

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## Community DentCare Program

### Bringing Care to the Community


Many members of our community face barriers to accessing dental care and other health care. Recognizing this, Columbia University College of Dental Medicine launched its Community DentCare program in 1996 to help address these disparities, with special focus on children and the vulnerable elderly. We partner with around 70 neighborhood organizations to provide health screenings and dental services at sites around Northern Manhattan and the South Bronx. DentCare offers these services regardless of ability to pay.



DentCare has so far logged more than 150,000 patient care visits.

### How We Work

Columbia fosters relationships with community partners—collectively called the Community DentCare Network—to coordinate visits to their locations. Partners include Head Start centers, schools, foster care facilities, senior citizen and community centers, and child care centers. Dental faculty, hygienists, and trainees provide care onboard our Mobile Dental Center or directly on site.



### Mobile Dental Center

DentCare operates a 35-foot-long mobile clinic outfitted for comprehensive dental care and oral

**Annual Report: Mobile Dental Center for Pre-School Children**

State Submission Annual Reporting Period: **October 2023 - September 2024**

On April 11, 2023, Columbia University College of Dental Medicine launched a new Mobile Health Clinic, generously funded by a grant from the Mother Cabrini Health Foundation. This mobile clinic is staffed by faculty and students at Columbia University’s College of Dental Medicine and the Vagelos College of Physicians and Surgeons. Using an integrated model for both primary medicine and oral health that allows patients to receive comprehensive care, the van features both a dental chair and a medical examination table. The clinic is equipped to offer a new level of interdisciplinary preventive care, including vaccinations. Along with the other mobile clinic, which was funded by grant from Delta Dental, this van travels to neighborhood schools, Head Start programs, daycare centers, foster care facilities, schools, nursing homes, rehabilitation centers, and health clinics in Harlem, Inwood, Washington Heights, and the South Bronx to provide onsite oral health care and preventive health services to children and seniors through Columbia’s DentCare program. Only those sites located within the "local" catchment area as defined by the Declaration of Covenants and Restrictions have been included in the report below.

**Note: Two integral members of the mobile clinic team were on medical leave for most of the 2023-2024 reporting period. One of these team members was a driver, so only one mobile unit was available to make all visits the clinic is responsible for servicing. As a result, the clinic was not able to service as many senior citizen groups or pre-K aged children as it has in previous years.**

*The New York State Department of Health (NYSDOH) determines where the mobile health clinic can provide services. As patient needs require, the clinic provides comprehensive care and treatments (such as deep cleanings and fillings). As such, fewer patients may be seen as those services require more time and resources than screenings and referrals.*

Date of Service	Site Name	Site Address	# of Children Seen	# of Referrals Given
10/3/2023	ECDO Adam Clayton Powell	25 W 132nd St New York, NY 10037	11	5
1/9/2024	Sugar Hill Museum Preschool	898 St. Nicholas Avenue New York, NY 10032	12	0
2/2/2024	Washington Heights Childcare Center	610 W 175th Street New York, NY 10033	8	3
2/12/2024	Washington Heights Childcare Center	610 W 175th Street New York, NY 10033	5	0
7/1/2024	CLC Harlem River	291 W 151st Street New York, NY 10039	12	0
8/7/2024	CLC Harlem River	291 W 151st Street New York, NY 10039	12	0
8/19/2024	CLC Mt. Morris	15 Mt Morris Park W New York, NY 10027	10	1
9/9/2024	CLC Mt. Morris	15 Mt Morris Park W New York, NY 10027	7	6
9/30/2024	ECDO 144th	249 West 144th Street New York, NY 10030	10	2
<b>Total</b>			<b>87</b>	<b>17</b>

The HIPAA Privacy Rule establishes national standards to protect individuals’ medical records and other personal health information and applies to health plans, health care clearinghouses, and those health care providers that conduct certain health care transactions electronically. The Rule requires appropriate safeguards to protect the privacy of personal health information, and sets limits and conditions on the uses and disclosures that may be made of such information without patient authorization. The Rule also gives patients rights over their health information, including rights to examine and obtain a copy of their health records, and to request corrections. Columbia University follows the HIPAA Privacy Rule.

**Additional Supporting Documentation**

- Copies of public notifications and/or announcements of center services
- Copies of information and materials distributed to patients



## **Columbia University College of Dental Medicine Dental Van**

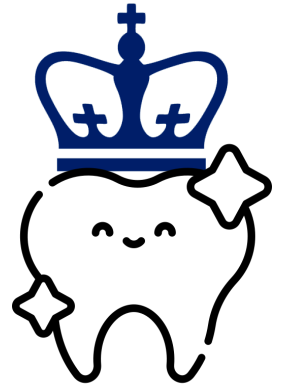
- *Exams*
- *Cleanings*
- *Fluoride application*
- *Oral health counseling*
- *Dental sealants*
- *Referrals*



[www.dental.columbia.edu](http://www.dental.columbia.edu)

Dentcarecdm@cumc.columbia.edu

# Columbia University College of Dental Medicine Mobile Dental Clinic



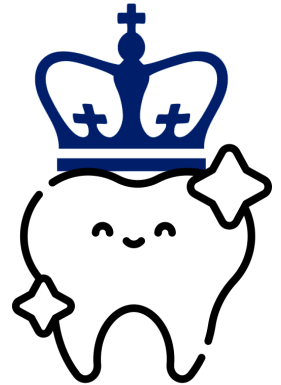
- Exams
- Cleanings
- Fluoride Application
- Adult & Child Oral Health Counseling
- Dental Sealants
- Referrals

Check out our mobile clinic by scanning this QR Code:



[www.dental.columbia.edu](http://www.dental.columbia.edu)  
[dentcarecdm@cumc.columbia.edu](mailto:dentcarecdm@cumc.columbia.edu)

# Columbia University College of Dental Medicine Mobile Dental Clinic



- Exámenes
- Limpiezas dental
- Aplicaciones de fluoruro
- Consejería de salud dental familiar
- Sellantes dental
- Referidos

Escanee este código para ver nuestra clínica dental móvil:



[www.dental.columbia.edu](http://www.dental.columbia.edu)  
[dentcarecdm@cumc.columbia.edu](mailto:dentcarecdm@cumc.columbia.edu)

Summer/Fall 2024



# COLUMBIA UNIVERSITY NEIGHBORS

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## NEWSLETTER

### Inside

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- Programs & Resources
- Double Discovery Center
- Health & Wellness
- Columbia Employment
- Summer Uptown



# Double Discovery Center

## Double Discovery Center Receives Federal Funding to Launch First-Gen Mentorship Program



The Roger Lehecka Double Discovery Center (DDC) recently announced new federal funding to create Project Start Right, an initiative aimed at reducing college attrition rates among underserved and first-generation communities throughout Northern Manhattan and West Harlem. DDC, first established in 1965, has been working with college-bound youth to help ensure their success to, through, and beyond their years as an undergraduate.

Thanks to U.S. Senators Chuck Schumer and Kirsten Gillibrand, who shepherded \$388,000 in funding for the initiative through the FY'24 spending bill, this project will allow DDC to support first-generation students enrolled in colleges across the country.

“We are very excited to launch this new initiative, which we hope will become an important resource for our young neighbors throughout West Harlem, Washington Heights, and Inwood,” said Columbia University President Minouche Shafik. “Project Start Right will provide valuable counseling to young college enrollees from Upper Manhattan, with the goal of removing any obstacles that stand in the way of a completed college degree.”

Learn more about Project Start Right at [neighbors.columbia.edu/ddc-24](https://neighbors.columbia.edu/ddc-24).

## Meet Double Discovery Center Mentor Anthonella Fabiana Mendoza

A mentor at DDC and a Columbia student, Anthonella Fabiana Mendoza (CC'25) is on a mission to show local students their true potential.

The summer before her senior year, Mendoza experienced the power of mentorship when she received free college advising from the nonprofit, Matriculate. While her school's guidance counselors primarily promoted in-state options, her Matriculate mentor opened her eyes to a wider range of possibilities.

Mendoza aims to pay it forward in her mentorship role at DDC, where she began volunteering through a class she took called



“Equity and Access in Higher Education.”

“I was paired with two high school juniors as their mentor, and I still keep up with those students to this day,” said Mendoza.

“It's a full-circle experience because I'm providing them with the same support I received when navigating high school and the pre-college journey.”

Read the entire interview with Mendoza at [neighbors.columbia.edu/ddc-mentor](https://neighbors.columbia.edu/ddc-mentor).

# Health & Wellness

## Columbia's Mobile Health Clinic Hits the Road



Delivering health screenings and low-cost dental care to residents of Northern Manhattan and the Bronx, Columbia's mobile health clinic has increased its capacity with a \$500,000 grant from the Mother Cabrini Health Foundation.

The new and improved van integrates in-

frastructure for both primary medicine and oral health, featuring both a dental chair and a medical examination table.

The mobile clinic will travel to neighborhood schools, Head Start programs, day care centers, foster care facilities, nursing homes, rehabilitation centers, and health clinics in Harlem, Inwood, Washington Heights, and the South Bronx to provide on-site oral health care and preventive health services to children and seniors through Columbia's DentCare program.

Learn more about the clinic at [neighbors.columbia.edu/mobile-health](https://neighbors.columbia.edu/mobile-health).

## Support for Parkinson's Caregivers at Columbia Neurology

Are you a caregiver for someone living with Parkinson's? Every first Wednesday of the month from 2:00 pm to 3:00 pm, a virtual support group at Columbia University Irving Medical Center is held to provide a supportive space for those taking care of a person with Parkinson's.

The Parkinson's Caregivers Support Group is free and open to anyone who is a caregiver. The group is facilitated by a passionate movement disorders team led by Erika Adelman, who spoke with *Neighbors* about the challenges experienced by caregivers and how the group can help.

“One thing we focus on is teaching people how to ask for help,” said Adelman. “This can be as simple as learning how to advocate for a loved one during doctor's appointments or, on a larger scale, how to



Erika Adelman (right) and members of her movement disorders team.

navigate the complex healthcare and social services system.”

Alongside the caregivers support group, the movement disorders team also leads other programs for Parkinson's patients to improve speech, reduce loneliness, and increase support.

Learn more about the Parkinson's Caregivers Support Group and other wellness programs for Parkinson's patients at [neighbors.columbia.edu/parkinsons](https://neighbors.columbia.edu/parkinsons).

## Ask Us About:

**Toothbrushing**



**Cleaning in between your teeth**



**Nutrition advice**



**Preventing Disease**



**Cavities**



**Gum Health**



**Jaw Problems**



## Columbia Referral Numbers / Números de Referidos General:

- Columbia University College of Dental Medicine / Columbia Escuela Dental  
(212) 305-6100 (*Medicaid or cash, seguro Medicaid o paga en efectivo*)
- Columbia-Presbyterian Primary Medical Care / Columbia Atencion Primaria  
(212) 305-2500
- Columbia-Presbyterian Emergency Room / Sala de Emergencias  
Emergencies after 5pm / Emergencias después de 5pm.  
(877) 426-5637
- Columbia Doctors - Dental Faculty Practice  
(877) 426-5637 (*Private insurance or cash, seguro privado o paga en efectivo*)

**Scan the links below for low-cost clinics.**

**Escanee los códigos QR a continuación para clínicas de bajo costo.**

Manhattan



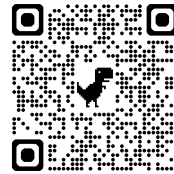
Brooklyn



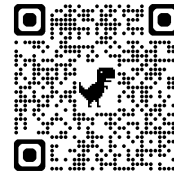
Queens



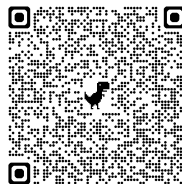
Bronx



Staten Island



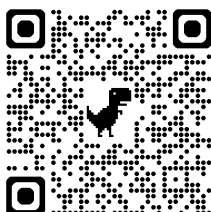
**Columbia-Harlem Health & Medical Partnership**  
521 W. 126th St. New York, NY 10027 (347) 614-2121



Follow the link or scan the following code for a guide to Columbia University College of Dental Medicine services and information.

Siga el enlace o escanee el siguiente código para obtener una guía de los servicios y la información de la Facultad de Medicina Dental de la Universidad de Columbia:

[www.tinyurl.com/ColumbiaDentalServices](http://www.tinyurl.com/ColumbiaDentalServices)



**KEEP YOUR  
CHILD'S TEETH  
HEALTHY!**



**Help prevent tooth decay  
with dental sealants**



**Tooth decay (cavities)** can cause pain and may lead to problems eating, speaking, playing and learning. **Dental sealants** can stop cavities from forming.

**SEALANT**



## What is a dental sealant?

A dental sealant is a thin white coating applied to the chewing surfaces of the molars (back teeth).

Food and germs can get stuck in the deep grooves of the molars, where toothbrushes can't reach. Sealants cover the grooves to protect teeth from harmful germs. They are safe and effective and can last several years.

## Who should get dental sealants?

Children should be assessed for sealants when their adult molars come in – ages 5 to 7 for the first permanent molars and ages 11 to 13 for the second permanent molars.

Other age groups may also benefit from sealants. Talk to a dentist to find out what is best for your child.

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**To find a dentist, or for help getting low- or no-cost insurance, call 311 or visit [nyc.gov/health](https://nyc.gov/health) and search **teeth**.**

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before

after



*Photos courtesy of NYU Department of Pediatric Dentistry*

## How are sealants applied?

Applying sealants is simple and painless. A dentist or dental hygienist cleans the tooth and applies the sealant with a brush. The protective shield forms instantly.

## How can I get sealants for my child?

Most dental insurance providers, including Medicaid and Child Health Plus, cover sealants at low or no cost to you. Check with your child's dentist, or call your dental insurance company for details.

Call 800-698-4543 for more information about signing up for public health insurance or visit [nyc.gov/health](http://nyc.gov/health) and search "dental provider" to find a low-cost dental provider near you.



# HEALTHY HABITS FOR A HEALTHY SMILE

Developing good dental habits early can help your child avoid tooth decay.

- **Take children to the dentist every six months**, starting with the first tooth and no later than age one.
- **Brush at least twice a day** with a fluoride toothpaste. Floss regularly.
- **Eat healthy.** Limit snacking, especially snacks high in sugar or starch, such as sodas, cookies or candy.
- **Drink tap water.** The fluoride in New York City's tap water helps keep children's teeth strong.







# Tips for Preventing Early Childhood Tooth Decay

## Healthy teeth are important

Tooth decay, or a cavity, can begin with a baby's first tooth. It can cause pain, infection and other health problems. Baby teeth are important for eating, speaking and holding space for adult teeth.



### **AVOID sugary snacks and drinks**

- Sugary foods and drinks can cause tooth decay.
- Limit the number of snack times and offer snacks low in sugar.
- Don't give more than 6 ounces of juice per day.

### **LIMIT the time spent sipping on a bottle or sippy cup**

- When juice, soda, milk or formula stay on your child's teeth too long, the sugar in these drinks can cause tooth decay.
- Offer water – it has no sugar.
- Don't put your baby to sleep with a bottle.

### **BEWARE of cavity-causing germs that can be spread to children through saliva**

- Don't share utensils or bites of food with your baby.
- Clean off pacifiers with water, not your mouth.
- Take care of your own teeth to reduce germs in your mouth.



### **Brush teeth twice a day**

- As soon as the first tooth comes in, start brushing with a soft child-sized toothbrush.
- Brush with a small smear of fluoride toothpaste for children under age 3 and a pea-sized amount for children ages 3 to 6.
- Assist and supervise children until they can brush well on their own.

### **Begin regular dental visits by age 1**

- Children should typically see a dentist every six months.
- Speak to your child's dentist or pediatrician about fluoride varnish, a coating painted on the teeth to prevent tooth decay.

## **Medicaid and Child Health Plus cover dental care**

For more oral health information or to find a low-cost dental clinic or provider near you, call 311 or visit [nyc.gov](http://nyc.gov) and search for "teeth."