

**Manhattanville in West Harlem Implementation Plan Report
October 16, 2023 Submission**

Declaration Reference and Key Data

Obligation Section Number: **5.07(c)(ii)**

Obligation Title: **Mind Brain Behavior Public Outreach Center**

Obligation Page Number: **52**

Obligation Trigger: **Issuance of TCO for Development Site 2**

Obligation Start Date: **August 25, 2016**

Obligation End Date: **25 Years from Commencement of the Public Outreach Center's Full Operation**

Obligation Status: **In Compliance**

Obligation

Mind Brain Behavior Public Outreach Center. CU shall locate within Development Site 2 (the proposed Jerome L. Greene Science Center) a Screening and Education Center for community outreach. The purpose of the Center shall be to provide stroke awareness lectures and free blood pressure and cholesterol screenings. The Center shall commence operation upon issuance of the temporary certificate of occupancy for the Jerome L. Greene Science Center and operate for a 25-year period from commencement of full operation.

*The center opened to the public in September 2017. Therefore, this obligation will be in effect until 2042, 25 years from the commencement of the center's full operation.

Alternatives Based on Innovation

Columbia University's Wellness Center opened in the Jerome L. Greene Science Center in 2017 and has since provided health education, community resources and free health screenings to the West Harlem community, as well as trained members of the Harlem community to become advocates to prevent stroke and mental health through the Institute for Training Outreach and Community Health (InTOuCH) and Mental Health First Aid (MHFA) programs. The success of this training led to the expansion of the Center's focus to building capacity in the community, by training individuals from faith and community-based organizations (CBO) to be certified community health workers.

In 2023, upgrades were made to the Wellness Center model to focus on Community Health Worker (CHW) training and the center was renamed to "Columbia Center for Community Health". Under the center's supervision, these CHWs continue to provide stroke awareness lectures, free blood pressure, and cholesterol screenings, but with the evidence driven framework of meeting people where they are. Screenings are largely performed off-site, at local faith and community-based organizations or at community-focused health events. The Center continues to operate in the Jerome L. Greene Science Center as a screening and education center focused on stroke awareness and free blood pressure and cholesterol screenings.

Evidence of Compliance

1. Press release and/or announcement about center opening
2. Link to website
3. Annual report
4. Signage at Jerome L. Greene Science Center/MBB Building

Columbia University's Implementation Plan and all supporting documentation are made available on the Columbia Neighbors Webpage at <https://neighbors.columbia.edu/content/community-commitments>.

Manhattanville in West Harlem Implementation Plan Report
October 16, 2023 Submission

EOC Checklist for Obligation 5.07(c)(ii):

Please check to verify EOC items submitted for review.

- 1. Press release and/or announcement about center opening
- 2. Link to website
- 3. Annual report
- 4. Signage at Jerome L. Greene Science Center/MBB Building

Monitor's Notes / Comments:

Status:

Please check to indicate the status of Obligation 5.07(c)(ii):

- In Compliance
- In Progress
- Not In Compliance
- Not Triggered

COLUMBIA | Wellness Center

**Located in Columbia University's new
Jerome L. Greene Science Center in West Harlem**

The Wellness Center provides free blood pressure readings, cholesterol screening and A1C glucose testing to the community. Visitors will receive a record of their results, as well as information on ways they can improve their health.

On request, Wellness Center staff will provide information about free and low-cost health care available throughout Harlem and upper Manhattan. The Wellness Center will also provide onsite assistance with health insurance enrollment.

In addition to providing free blood pressure and cholesterol screening, the Wellness Center is home to two programs dedicated to empowering the community through health education.

The Mental Health First Aid (MHFA) program is dedicated to improving access to quality mental health in Harlem. The program teaches participants the warning signs of mental health problems, helps build an understanding of the importance of early intervention and seeking support. Information about support groups, tools for mental health, and local resources will be provided.

The Institute for Training Outreach and Community Health (InTOuCH) is a free community-based program designed to raise awareness about stroke and heart attack prevention. Through its rigorous training program, InTOuCH participants commit to serving the community as volunteer health workers and as counselors at Columbia's Wellness Center and local screening events.

www.zuckermaninstitute.columbia.edu/community-wellness-center

NOW OPEN
MONDAY-FRIDAY 9 A.M.-5 P.M.

**610 W. 130th Street
New York, NY 10027
1-212-853-1146**

COLUMBIA | Wellness Center

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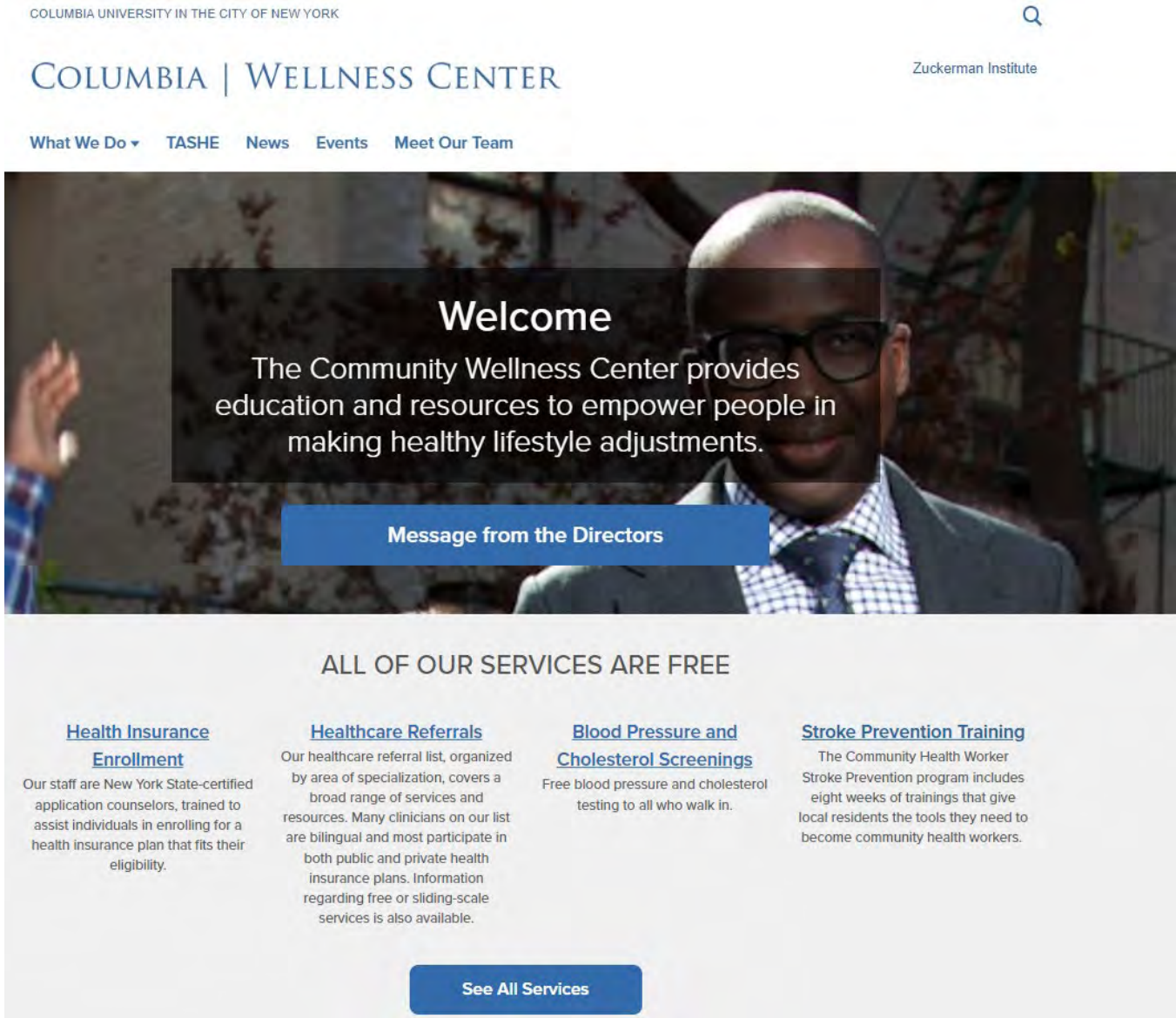
NOW OPEN
MONDAY-FRIDAY 9 A.M.-5 P.M.

610 W. 130th Street
New York, NY 10027
1-212-853-1146

Mind Brain Behavior Public Outreach Center

Link to website:

<https://communitywellness.manhattanville.columbia.edu/>



**Annual Report: Mind Brain Behavior Public Outreach Center
(Columbia Center for Community Health)**

State Submission Annual Reporting Period: **October 2022 - September 2023**

Columbia University’s Wellness Center opened in the Jerome L. Greene Science Center in 2017 and has since provided health education, community resources and free health screenings to the West Harlem community, as well as trained members of the Harlem community to become advocates to prevent stroke and mental health through the Institute for Training Outreach and Community Health (InTOuCH) and Mental Health First Aid (MHFA) programs.

In 2023, upgrades were made to the Wellness Center model to focus on Community Health Worker (CHW) training and the center was renamed to “Columbia Center for Community Health”. Under the center’s supervision, these CHWs continue to provide stroke awareness lectures, free blood pressure, and cholesterol screenings, but with the evidence driven framework of meeting people where they are. Screenings are largely performed off-site, at local faith and community-based organizations or at community-focused health events. The Center continues to operate in the Jerome L. Greene Science Center as a screening and education center focused on stroke awareness and free blood pressure and cholesterol screenings.

Please note: The Columbia Center for Community Health is not a clinical practice.

Blood Pressure and Cholesterol Screenings

Month	Blood Pressure Screenings	Cholesterol Screenings	Total
Oct-2022	60	4	64
Nov-2022	22	2	24
Dec-2022	4	0	4
Jan-2023	10	1	11
Feb-2023	40	6	46
Mar-2023	50	2	52
Apr-2023	40	2	42
May-2023	500	20	520
Jun-2023	400	10	410
Jul-2023	680	5	685
Aug-2023	460	25	485
Sep-2023	160	2	162
	2426	79	2505

Additional blood pressure and screening events for this reporting period were conducted offsite by Community Health Workers (CHWs). Screening data for some events is unavailable. Please see attached Columbia Center for Community Health 2022 - 2023 annual report and copies of flyers for more information.

A dedicated nurse will be available for Center-based screenings in 2024.

Stroke Awareness

The Columbia Center for Community Health houses the Community Health Worker Stroke Prevention program, which empowers communities to combat stroke. The program includes 6-week trainings, held throughout the year that provide local residents with the tools they need to become community health workers. Volunteers learn about various

cardiovascular health topics, including motivational interviewing, with a special emphasis on stroke and related risk factors. Alumni of the program serve as health advocates in their communities and at faith-based organizations, with the overall goal of improving stroke outcomes and lowering the prevalence of stroke and related risk factors. The curriculum was developed with the assistance of community focus groups and in consultation with experts in health education.

The program, modeled on the Center for Disease Control and Prevention’s CHW training curriculum, with the addition of culturally tailored multimedia components, is led by Olajide Williams, MD, chief of staff of neurology and associate professor of neurology at Columbia University Medical Center, founder of Hip Hop Public Health, and codirector of the Center for Stroke Disparities Solutions in New York.

InTOuCH Community Health Worker Training		
Cohort #	Program Dates	Number of CHWs trained
14	Sep 27 - Nov 17, 2022	17
15	Apr 4 - May 25, 2023	32
Total		49

Additional Supporting Documentation

- Columbia Center for Community Health Annual Report October 2022 - September 2023
- Copies of flyers for events attended by Community Health Workers and Wellness Center staff



COLUMBIA CENTER FOR COMMUNITY HEALTH

ANNUAL REPORT

2022 - 2023

COLUMBIA CENTER FOR COMMUNITY HEALTH

Columbia University's Wellness Center opened in the Jerome L. Green Science Center (JLG) in 2016 and has since provided health education, community resources and free health screenings to the West Harlem community, as well as trained members of the Harlem community to become advocates to prevent stroke and mental health through the Institute for Training Outreach and Community Health (InTOuCH) and Mental Health First Aid (MHFA) programs. The success of this training led to the expansion of the Center's work to include building capacity in the community, by training individuals from faith and community-based organizations (CBO) to be certified community health workers (CHWs). In 2023, the Center was renamed as "**Columbia Center for Community Health**" (CCCH) to reflect the increased scope of providing more CHW training and to increase its community impact.

This new name will help us move our mission forward, allowing us to continue to meet our objectives by providing the community with preventative measures related to stroke and cardiovascular disease, mental health screening and outreach services. We will continue to engage and broaden our community partnerships guided by a Public Health Critical Race Praxis framework for promoting health. The Columbia Center for Community Health will continue to expand community health programming by deepening relationships with local faith and community-based organizations, to include other marginalized groups such as formerly incarcerated residents who have shown leadership and excellence in community advocacy.

OUR TEAM

Co-Directors



Dr. Olajide Williams
Vice Dean for
Community Health

Dr. Robert Fullilove
Associate Dean for
Community & Minority Affairs

Core Team



Dr. Janhavi Mallaiah
Program Director

Mariama Kora
Senior Program
Administrator

Dr. Reynaldo De Leon
Research Coordinator

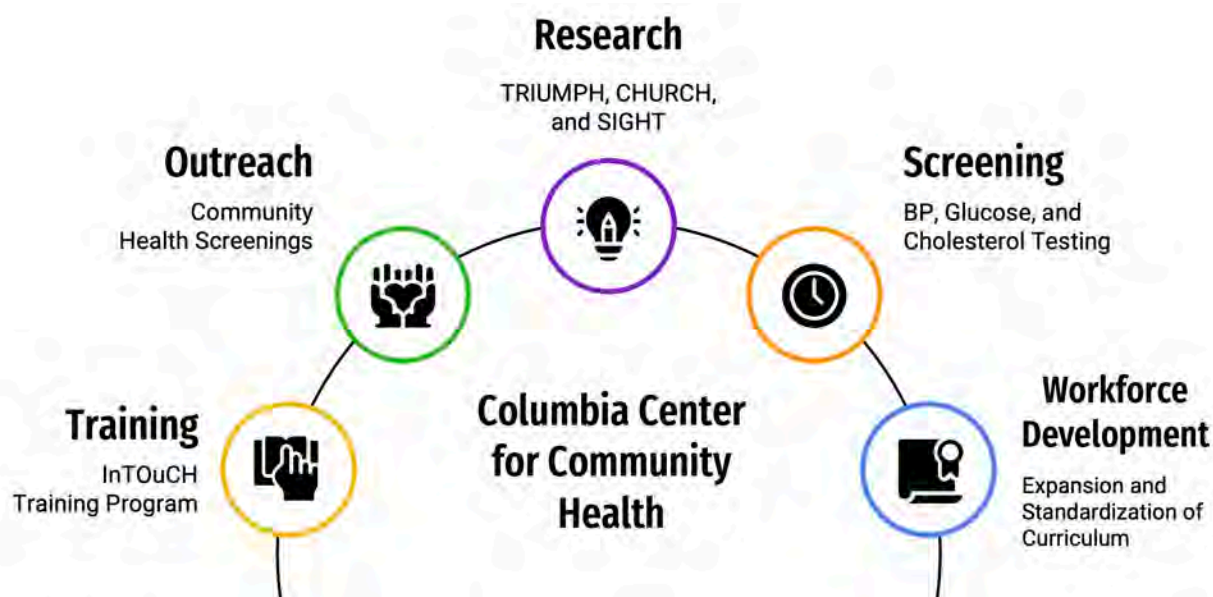


Mary Redd
CHW Champion

Neal Sutton
CHW Insurance Navigator

ORGANIZATION OF COLUMBIA CENTER FOR COMMUNITY HEALTH

The Columbia Center for Community Health operates under five arms: Training, Outreach, Research, Screening, and Workforce Development.



Training

The training arm, known as the Institute for Training Outreach and Community Health (InTOuCH) program is dedicated to training lay and professional volunteers from faith and community-based organizations to become certified community health workers.

The eight-week training program offers a comprehensive curriculum covering a range of health topics on stroke and cardiovascular disease prevention, including stroke, heart attack, diabetes, high blood pressure, cholesterol levels, motivational interviewing, navigating the NYS health insurance exchange, healthy nutrition and physical activity.

Outreach

Through the InTOuCH training, CHWs become proficient in manual blood pressure measurement techniques, A1C testing, and acquire effective communication skills for stroke and cardiovascular disease health counseling among other skills. Alumni CHWs conduct free community health screenings, provide referrals for medical follow-up, and lead community research projects.

Research

Alumni community health workers receive continued health education (CHE) and specialty-specific trainings to lead community research studies. Our CHWs are currently leading three NIH funded studies: (i) TRIUMPH study (Transforming your Mental Health through Prayer and Healing) which aims to work with Black churches in New York City to identify community members experiencing stress, anxiety, grief from loss, or depression (ii) CHURCH trial (Community Health Workers United to Reduce Colorectal and Cardiovascular Disease among People at Higher Risk) that collaborates with Black churches in New York City to identify community members at risk for colorectal cancer (CRC) and connect them with screening options, and (iii) SIGHT study that conducts vision screening for community members residing at the New York City Housing Authority (NYCHA) buildings.

Screening

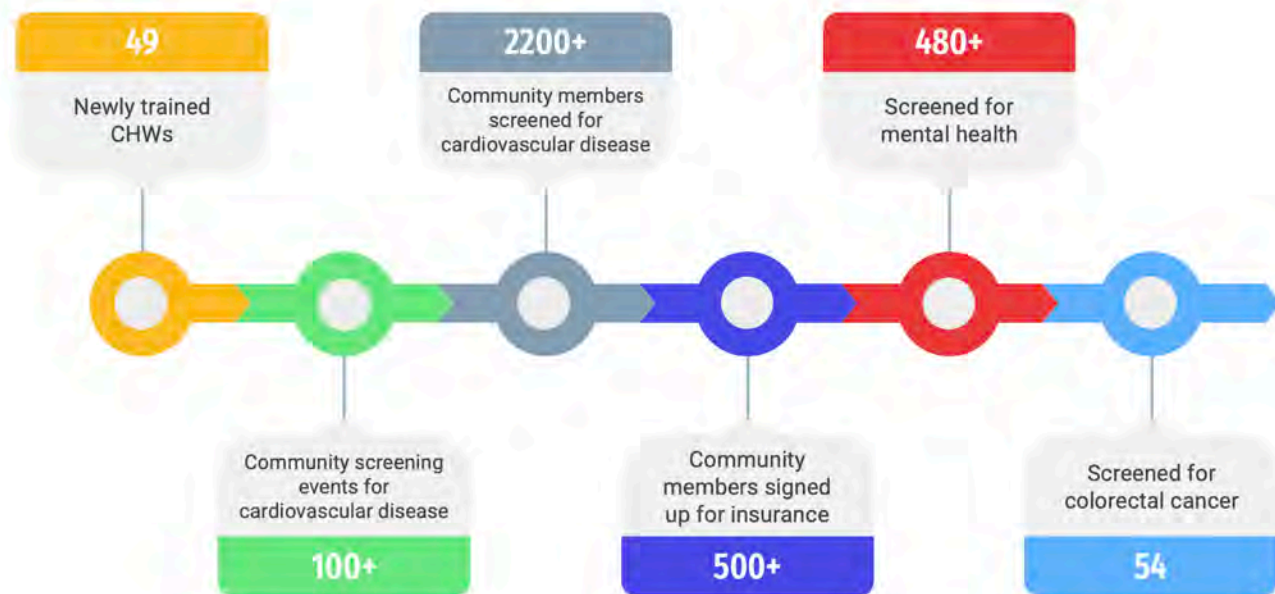
Our certified CHWs provide health screenings for blood pressure, cholesterol, glucose, body mass index (BMI), HbA1C, mental health, and colorectal cancer at community health fairs, health screenings, faith-based organizations, and community-based organizations.

Workforce Development

Building on the success of the InTOuCH program, we are currently working on expanding and upgrading our existing CHW training curriculum with a major focus on racial and socioeconomic determinants of health. With a standardized CHW curriculum, for the first time we would be able to establish a system of training and certification—thus providing CHWs with a formal scope of practice. The standardized curriculum would be a step toward allowing federal and private insurance agencies to consider reimbursing CHWs directly for their work at competitive wages so that their pay reflects their valuable contributions to community public health.

HIGHLIGHTS FROM 2022 – 2023

Community Impact



"To date, we have trained and certified 212 community health workers"

GLOBAL COLLABORATION



The Columbia Center for Community Health in collaboration with the Columbia Global Center, Mumbai hosted a learning collaborative “Training Community Health Workers After COVID-19” in Mumbai, India. The goal of this learning collaborative was to: (1) present lessons from InTOuCH’s program in New York City (2) learn from successes and challenges from CHWs in India and (3) explore potential for partnerships. The workshop was attended by dignitaries from the Indian government, civil society and international aid organizations with an experience in developing, implementing and monitoring community-based programs with Accredited Social Health Activists (ASHAs). We hope to build on this exploratory collaboration to develop a more robust training and evaluation practices based on global models.

FEATURES & ACCOLADES



The InTOuCH Program was featured at Columbia's 13th Annual Crown Awards Gala



Johnson and Johnson Our Race to Health Equity

InTOuCH CHW Champion Glenn McMillan shared how he connects community members to essential mental health care services through the TRIUMPH Study at the Aspen Ideas Festival this year





Columbia Center for Community Health Team in Mumbai, India



The InTOuCH Program graduated and certified 49 CHWs this year

Graduation 2023 Guest Speaker



Debbian Fletcher-Blake
President and CEO of VIP Community Services

Recipients of the Harmon L. Moats 2023 Award for Outstanding Community Service



Marie Taylor and Neal Sutton
with Co-Directors Dr. Williams and Dr. Fullilove



InTOuCH Program Director, Dr. Janhavi Mallaiah and CHW Champion Mary Redd presented at the National Association of Community Health Worker's Unity Conference and Annual Meeting, August 2023

Johnson & Johnson Center for Health Worker Innovation



“My hope is that there will be healthcare given where people do not have to worry about the color of their skin; they do not have to worry about their sexual orientation; they do not have to worry about their ethnicity. It is an entitlement. It shouldn’t have to be a privilege.”



“The value of the Community Health Worker is a person that’s there for you. We find places that are underserved, and we give [community members] information.”



“My goal is to remain knowledgeable, to earn the trust of the community, to be able to provide them with resources, and to help decrease the health disparities.”

COMMUNITY SCREENING & OUTREACH



Manhattanville Community Day, October 2022



Immigrant Medical Screening at Masjid Jamhiyatu, March 2023



Cathedral Community Cares, St. Johns the Divine, June 2023



I'RAISE Boys and Girls International, July 2023

LOOKING AHEAD

The Columbia Center for Community Health will continue to build community capacity, provide stroke awareness education, and free blood pressure and cholesterol screenings, but with the evidence driven framework of *meeting people where they are*. Moreover, our center will add other health needs identified in partnership with the community members (such as those related to COVID19) and build community capacity by making available a large group of well-trained CHWs as on-the-ground partners to advance community health (physical and mental) and address social determinants of health.



- National Expansion of InTOuCH Training
- Digitization of Community Health Monitoring Activities, Tracking & Evaluation
- Simulation Lab for Community Health Worker Training
- National Expansion of Community Health Worker Training Curriculum
- National Partnerships - National Association of Community Health Workers
- Collaboration with Columbia Global Centers

COMMUNITY AND ACADEMIC PARTNERS

Houses of Faith

Abundant Life Christian Center
 Abundantly Blessed Bible Assembly
 Abyssinian Baptist Church
 Baptist House of Prayer
 Bedford Central Presbyterian Church
 Bethel Church of Our Lord Jesus Christ
 Bethel Gospel Assembly
 Brooklyn Bethel SDA Church
 Brooklyn Temple
 Canaan Baptist Church
 Christian Cultural Center
 Christian Fellowship Church of Brooklyn
 Church of God in Christ
 Church of God of East Flatbush
 City Gates International Church
 City Tabernacle SDA Church
 Convent Avenue Baptist Church
 Cornerstone Baptist Church
 Day Spring Baptist Church
 Ebenezer Seventh Day Adventist Church
 Ephesus Seventh Day Adventist Church
 Fellowship Covenant Church
 First Corinthians Baptist Church
 First Lady of Pilgrim Cathedral of Harlem
 First White Plains Seventh Day Adventist Church
 Fort Motte Baptist Church
 Fresh Oil Ministries
 Fruit of Increase Ministries
 Goshen Temple Seventh Day Adventist
 Greater Centennial AME Zion
 Greater Love Refuge Ministries
 Greater Refuge Temple Seventh Day Adventist Church
 Greater Tabernacle Baptist Church
 Historic First Church of God In Christ
 Hospitality Committee at World Changers Church
 Macedonia Seventh Day Adventist Church
 Memorial Baptist Church
 Metropolitan AME Church
 Metropolitan Community Church of New York
 Mother AME Zion Church
 Mount Olivet Baptist Church
 Mount Pleasant Ministries
 New Bethel Way of the Cross
 New Covenant Temple, UHC
 New Hope Seventh Day Adventist Church
 New Jerusalem Worship Center
 New Mount Zion Baptist Church
 Oasis Church on 172nd & Audubon
 Our Lady of Refuge Catholic Church
 Rivers of Living Waters Church
 Riverside Church
 Salem United Methodist Church
 Shiloh Baptist Church
 St. Charles Borromeo Roman Catholic Church
 St. James Presbyterian Church

St. John's Baptist Church
 St Luke Baptist Church
 St. Luke's AME Church
 St. Mark The Evangelist Roman Catholic Church
 Church
 St. Paul Baptist Church
 The Brooklyn Tabernacle Church
 The Church of the Good Shepherd
 The Church of God of East Flatbush
 Times Square Church
 Universal Baptist Church
 Vanderbilt Avenue Moravian Church
 Victory Seventh Day Adventist Church
 Williams Institutional CME Church
 Worldwide Association of Professional Chaplains
 World of Life Christian Fellowship International
 Yonkers Seventh Day Adventist Church

Community & Academic Partners

Bard Prison Initiative
 Black Health
 Blurred Vision Entertainment
 Choose Healthy Life, Inc.
 Columbia Global Center, Mumbai
 Comprehensive Rural Health Project, India
 Delta Sigma Theta, Inc., North Manhattan
 Double Discovery Center
 Hamilton Grange Senior Center
 Harlem Chambers of Commerce
 Harlem Congregation for Community Improvement
 Harlem Week

Heritage Health
 HOPE Center
 Hospitality Committee at World Changers Church
 Impactivo Consulting
 National Association Advancement of Colored People, Mid-Manhattan Chapter
 National Association of Community Health Workers
 New York City Housing Authority
 New York State of Health
 NMIC Community Health Workers
 Silicon Harlem
 United Way of New York City
 VIP Community Services
 West Harlem Development Corporation
 Columbia Business School
 Columbia Community Partnership for Health
 Columbia University Irving Medical Center
 Edward S. Harkness Eye Institute
 Columbia University Irving Medical Center Office of Community Services Programs
 Columbia University School of Nursing
 Columbia University School of Social Work
 Columbia University Vagelos College of Physicians and Surgeons
 COVID-19 Columbia Student Service Corp.
 Ichan school of Medicine at Mount Sinai
 Irving Institute for Clinical and Translational Research (CTSA Board)
 Johnson & Johnson Services, Inc.
 LaGuardia Community College
 Mailman School of Public Health

New York State Psychiatric Institute
NYU School of Global Public Health
RAND Corporation
Rutgers University Urban Health and
Wellness Institute
Teacher's College, Columbia University
The Forum at Columbia University
University of California Irvine
Yeshiva University
York College, Department of Health and
Human Performance
Zuckerman Mind Brain Behavior Institute
100 Black Men

CONTACT:

Columbia Center for Community Health
610 West 130th St, New York, NY, 10027
Dr. Janhavi Mallaiah
Email: jm4498@columbia.edu
O: 212-853-1147

October 2022



ABUNDANT LIFE CHRISTIAN CENTER
VICTORY CENTER PRESENTS:

Making A Difference

Join us for our community health fair!!
Come have fun, eat and learn healthy habits to
live a healthy life

OCTOBER 8, 2022 - 11:00AM - 2PM
721 214TH ST, BRONX, NY 10467

FREE MEDICAL SCREENINGS! FREE FOOD!!
FREE GIVEAWAYS! FREE CLOTHING!!

Contact: 330-282-2508 or 347.267.5031



INSTITUTE FOR REACHING OUTREACH
AND COMMUNITY HEALTH
Columbia University





Join the Celebration! Community Day at Columbia Manhattanville

Join us on the Manhattanville campus on October 22, 2022, for a free, fun-filled celebration of community! Immerse yourself in the arts through Lenfest Kids film screenings and sketch sessions with the Wallach Art Gallery. Indulge in Uptown cuisine with flavorful food samples from Columbia-Harlem Small Business Development Center vendors. Explore the world of STEM with interactive projects led by Saturday Science—plus so much more. We invite our neighbors in Morningside Heights, Harlem, Inwood, and Washington Heights as well as Columbia affiliates to partake in this day of celebration.



The Cathedral
Church of **Saint John**
the Divine | Cathedral
Community
Cares

CATHEDRAL COMMUNITY CARES
IN PARTNERSHIP WITH
COLUMBIA INSTITUTE FOR TRAINING
OUTREACH AND COMMUNITY HEALTH
(InTOuCH)

WILL BE HOSTING
BLOOD PRESSURE SCREENING DAY
SUNDAY, OCTOBER 30TH, 2022
FROM: 9:45AM TO 12:30PM
(Rain date November 6th)

Cathedral Community Cares~St. John the Divine
1047 Amsterdam Avenue
New York, NY 10025

November 2022

DIGITAL SATURDAY

BRING YOUR DEVICES AND JOIN US FOR ONE ON ONE PERSONALIZED INSTRUCTION FOR YOUR TECHNOLOGICAL DEVICES:

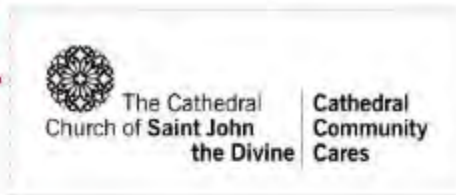
- 📱 SMART PHONES/TABLETS
- ✉️ EMAIL SETUP
- 🔒 PASSWORD CREATION
- 🌐 SOCIAL MEDIA

NOVEMBER 12TH, 2022
EVENT: 10AM-1PM
ARC A. PHILIP RANDOLPH
SENIOR CENTER
108 W 146TH ST.

(EVENT DETAILS ON BACK)



January 2023



CATHEDRAL COMMUNITY CARES
IN PARTNERSHIP WITH
COLUMBIA INSTITUTE FOR TRAINING
OUTREACH AND COMMUNITY HEALTH
(InTOuCH)

WILL BE HOSTING
BLOOD PRESSURE SCREENING DAY
SUNDAY, January 22nd, 2023
FROM: 9:45AM TO 12:30PM

Cathedral Community Cares~St. John the Divine
1047 Amsterdam Avenue
New York, NY 10025

February 2023



FEB. 3, 2023 HEALTH AND WELNESS FAIR

Provided by Union Settlement Adult Education

Event includes tables hosted by:

NY State of Health

DOT: Pedestrian Safety

NYPD

American – Italian Cancer Foundation

NYFD

Little Sisters Family Health Service

NYC Civic Engagement Commission

AND MORE...

UNION
SETTLEMENT

FREE HEALTH FAIR!

OPEN TO UNION
SETTLEMENT
PARTICIPANTS AND
NYC RESIDENTS

LEARN ABOUT
LOCAL HEALTH
RESOURCES

PUBLIC, PRIVATE,
AND
NEIGHBORHOOD
REPRESENTATIVES

10AM – 2PM

UNION SETTLEMENT

237 E. 104th Street

212-848-6027

<https://www.unionsettlement.org>

PLEASE JOIN US!
**Community
Resource Fair**



WE WILL PROVIDE THE FLU SHOT
AND OTHER VACCINES, AS WELL AS
HIV/HEP C RAPID TESTING



**THE FOLLOWING VIP SERVICES
WILL BE SHOWCASED:**

- HARM REDUCTION
- WELLNESS
- B22 OUTPATIENT & ACCESS
- PRIMARY CARE
- VOCATIONAL SERVICES

**OTHER ORGANIZATIONS
PRESENT:**

- DOHMH - BRONX
NEIGHBORHOOD CENTER
(SMOKING CESSATION)
PROGRAM
- INTOUCH COLUMBIA
UNIVERSITY COMMUNITY
HEALTHCARE WORKERS
RECRUITMENT

*Refreshments will be served

FEB 17, 2023
11AM - 2PM

ABRAHAM PLAZA
1870 CROTONA AVENUE
BRONX, NY 10457

A signpost with a central pole and several directional arrows pointing in different directions. The arrows are green with white text and are labeled: HELP (left), SUPPORT (right), SERVICE (left), GUIDANCE (right), ASSISTANCE (left), and ADVISE (right).

Why should I get screened?
COME JOIN US GET YOUR BLOOD PRESSURE CHECK

Happy Heart Day

PREVENTI
VF

ULTRASOUN
D

I LOVE MY HEART

SAVE A LIFE

SUNDAY, February 19TH 2023

We the Convent Avenue Baptist Church invites you for Blood Pressure Screening if you want to know why should you get this screening please join us at
THE CONVENT AVENUE BAPTIST CHURCH
425 WEST 144TH STREET
1ST FLOOR ROOM 102 11:30 AM
NEW YORK, NY 10031

STROKE

SCREENING

Did You Know That 1 out of 5 people who have a stroke, the first symptom of any illness is the stroke?

Contact: Deacon Maria Taylor &

March 2023



BLOOD PRESSURE SCREENING
March 4, 2023 2:00 - 5:00PM

BETHEL SDA CHURCH
457 Grand Avenue, Brooklyn NY 11238



In
TOUCH

INSTITUTE FOR TRAINING OUTREACH
AND COMMUNITY HEALTH
COLUMBIA UNIVERSITY
1167 CLYDE AVE. NEW YORK, NY 10027



Love
YOUR
HEART

Present

**Free
Blood Pressure
Screenings**



FRIDAY, MARCH 10, 2023

10AM-3PM

**Canaan Baptist Church of Christ
132 W. 116th St.
New York, NY 10026**

For Information: See Sandra Campbell-Jeffries



Immigrant Medical Screening and Health Care Access

IN COLLABORATION WITH:

Jamhiyatu Ansaru-Deen Masjid

Date: March 17th, 2023

Time : 10:30am- 2:00pm

Location: 725 East 221 St
Bronx NY 10466

FREE

- ✓ Blood Pressure Screening
- ✓ Dental Screening
- ✓ Health Care Access:

Contacts:

Imam Omar Niass

Tel: 646-359-5408

Healthfirst:

Pastor Phillip Falayi

Tel: 917 855 3837



April 2023



The
LUKE NYC
St. Luke AME Church

Rev. Stephen A. Green, Pastor



VACCINE and HEALTHY LIVING OUTREACH

SAVE THE DATE

April 13, 2023, Thursday 12:noon – 2:pm

1872Amsterdam Ave, NY, N Y 10031

RSVP for Tabling (212) 870-1300

PROVIDING Free

Lunch

COVIDO Vaccine and Medical Resources

Blood Pressure Screening

Cancer Screening and HIV/AIDS

RESOURCES

Giveaway



VOTING IS POWER!

Voter Education Workshop for All!
**Focused on Justice-Impacted People,
Families, and Friends**

Learn about your rights as a voter and about
organizing within your community.

Refreshments Provided.

Thursday, April 13, 2023 from 10 AM - 12 PM

Highbridge Community Church

1272 Ogden Ave.

Bronx, NY



Space limited! **RSVP** for in-person or Zoom by
scanning the QR Code or heading to
tinyurl.com/BronxVoterEducationApril.

Send **questions** or **RSVP** by email by contacting
Johari Frasier (jfrasier@bronxdefenders.org).

Canaan Baptist Church of Christ
132 W.116th St. New York, NY 10026



17th
PASTORAL
ANNIVERSARY
April 21-23, 2023



"The Celebration of a Pastor With a Servant's Heart"

Jeremiah 3:15

Rev. Dr. Thomas D. &
First Lady Donna Johnson

3 Days of Celebrations

Day 1: Fri. 4/21



6:00pm-8:00pm

Day 2: Sat. 4/22

Health Fair



Mount
Sinai

In Partnership
with



INSTITUTE FOR TRAINING, OUTREACH
AND COMMUNITY HEALTH
COLUMBIA UNIVERSITY

10:00am-3:00pm

Day 3: Sun. 4/23

12:30pm-2:30pm



10:00am



Guest Preacher
Rev. Dr. Violet Lee
Executive Program Minister
Christ Church NYC

PLEASE JOIN US!
**Community
Resource Fair**



*Refreshments will be served



SERVICES AVAILABLE:

- SUMMER READING LIST FOR CHILDREN
- VACCINES AND TESTING
- SCHEDULE APPOINTMENTS FOR ELIGIBILITY FOR SUMMER CAMP (PHYSICALS AND VACCINES)

MAY 5th, 2023
11AM - 3PM

RAIN DATE: MAY 12TH, 2023

WALTER GLADWIN PARK
(Arthur Avenue &
East Tremont Avenue)



VIPSERVICES.ORG



Ponce Bank

HEALTH FAIR

Wellness works!
You Matter, We Care.



SATURDAY MAY 6th
10AM-2PM

Mount Neboh Baptist Church

1885 Adam Clayton Blvd, NYC 10026
Dr. Johnnie M. Green Jr, Senior Pastor



Health Vitals

Literacy & Art



Yoga & Meditation



Children's Activities



Brain Games



Giveaways



**NATIONAL ACTION NETWORK TO HOST COMMUNITY FORUM ON
ALZHEIMER'S DISEASE/DEMENTIA AND HEALTHY BRAIN
AGING IN HARLEM ON MAY 6th, 2023**

New York, NY - Harlem residents are invited to take part in a Community Forum on Alzheimer's disease and other dementias sponsored by NYU Langone and Columbia University at Rev. Al Sharpton's National Action Network's headquarters, the House of Justice, 106 West 145th Street, New York, NY on Saturday, May 6, 2023, at 12 noon – 2 p.m.

Columbia University will also provide free blood pressure screenings as well as resources about how hypertension can be prevented and managed.

Today, New York City alone has an estimated 410,000 Alzheimer's disease victims, with Harlem being home to a disproportionate number of them. The forum provides an opportunity for residents of all ages to come together to ask questions about the disease, share their personal experiences, learn about available resources, and discover paid volunteer opportunities to participate in research on how race and sleep impact an individual's risk for developing Alzheimer's Disease.

The featured speaker is the Alzheimer's Disease specialist Dr. Omonigho M. Bubu, an Assistant Professor and physician-scientist at NYU Grossman School of Medicine in the Departments of Psychiatry, Population Health, and Neurology. "It is fundamentally important that we investigate the biological and social factors that could increase the risk of Alzheimer's Disease among African Americans," said Dr. Alvin Ponder, chair of the Health & Wellness Committee of the New York City Chapter of the National Action Network – the forum's host.

Forum participants will be invited to participate in Alzheimer's disease and dementia research. Study participants will be compensated for their participation in the study.

The event will also provide free blood pressure screenings as well as resources about how hypertension can be prevented and managed.

Light refreshments will be provided.

The event will be free and open to the public.



HIGHBRIDGE COMMUNITY CHURCH OUTREACH SERVICE
1272 Ogden Avenue Bronx, NY 10452 (BETWEEN West 168 & 169 Street)

May 13th, 2023- 12noon-In Fellowship Hall Red Door



"Let us not become weary in doing well, for at the proper time, we will reap a harvest if we do not give up!" Gal 6:9

Join Zoom Meeting

<https://us02web.zoom.us/j/3271221222?pwd=dWM0MnMxcmtUT1VHcmdLa1NVRGZpQT09>

Meeting ID: 327 122 1222

Pass code: 034447

One tap mobile

+1646 558-8656, 327122-1222 PASSCODE #034447 US (New York

Worship, Dance, Lunch and Take home bag of food

Join us as we celebrate Mother's Day and get healthy!

Health information, screening and blood pressure testing.

MANHATTANVILLE COMMUNITY DAY



🕒 May 20, 2023
12:00 PM - 4:00 PM
America/New_York

📍 The Forum at Columbia University, 601
W. 125th St., New York, NY 10027

M.M. EL APOSENTO DE LA VICTORIA

&

UNITED WORSHIP COMMUNITY OUTREACH

HEALTH FAIR

4181 PARK AVE BRONX NY 10457

May 27, 2023, SATURDAY

12~3PM



OPEN TO THE PUBLIC

FREE HEALTH SCREENING - VENDORS

FLEAMARKET

MUSIC & ENTERTAINMENT

FACE PAINTING - FREE BOOKS

&

MUCH MUCH MORE...!!!

For more info: Contact Host & Coordinator

Brenda Lugo (347)380-2324



Caring for New Yorkers through Organ Donation

June 2023

American Red Cross **United Healthcare**

AN INTERFAITH & HEALTH STREET FAIR

JUNE 3RD, 2023
10 AM - 5 PM
(RAIN DATE IS JUNE 10TH)

For Vending Information, Please Call: (347) 463-0457
PLEASE NO PORH OR BY PORH PRODUCTS!!!

ACTIVITIES INCLUDE:

- TAI CHI
- LINE DANCING
- NYU DENTAL VAN
- EINSTEIN MED
- MENTAL HEALTH INFO
- DOUBLE DUTCH LEAGUE AND MUCH MORE!!!

FOR MORE INFORMATION CALL (914) 297-7228

110 WEST 4TH STREET
4TH STREET BASKETBALL COURT
BETWEEN 7TH AND 8TH AVENUES
CANNON, NY 10550

FREE COMMUNITY EVENT



**HOPE
DAY**

+FOOD

**+KIDS/TEEN
ZONE**

+ENTERTAINMENT

**+COMMUNITY
CONNECTIONS**

**+HEALTH &
WELLNESS**

JUNE 3RD, 2023 | 12PM-5PM

**1200 DEAN STREET BROOKLYN NY 11216
CORNER OF NOSTRAND AVENUE**



The Cathedral
Church of **Saint John**
the Divine | **Cathedral
Community
Cares**

CATHEDRAL COMMUNITY CARES
IN PARTNERSHIP WITH
COLUMBIA INSTITUTE FOR TRAINING
OUTREACH AND COMMUNITY HEALTH
(InTOuCH)

WILL BE HOSTING
BLOOD PRESSURE SCREENING DAY
SUNDAY, June 11th, 2023
FROM: 9:45AM TO 12:30PM

Cathedral Community Cares~St. John the Divine
1047 Amsterdam Avenue
New York, NY 10025





3rd Annual Juneteenth Celebration
Saturday June 17th, 2023
12pm -5pm
W 143rd St Btw Lenox & 5th Ave

Donations and community support needed!
Cash App:
\$HarlemJuneteenth
All forms of donations welcomed



Performers needed!
Singers, rappers, dancers, poets, artists, etc.
Send all inquiries to:
Harlemjuneteenth@gmail.com

Organized by The Harlem Juneteenth Committee and
Fresh Oils Ministries

JUNETEENTH CELEBRATION

FREEDOM TO YOUR CONTINUING
HEALTH & WELL-BEING



JUNE 17 2023
12 - 5PM

59 WRIGHT ST. STAPLETON
S.I. NY 10304



Hosted By



Mount Sinai
United Christian Church

The First Central
Baptist Church



JUNE 21, 2023
9am-1pm



Community HEALTH



EVENT

This is a free community event designed to encourage healthy lifestyles, prevent and manage disease and connect you to resources.
free breakfast



HEALTH SCREENING AND CONSULTATION
Blood pressure Yoga/tai chi/Meditation Sessions
Weight and body mass photo booth /entertainment
Video Presentations
Stop the Bleed Training

177 DREISER LOOP-AUD B - CO-OP CITY BX



WORD OF LIFE *Intl's*

Senior

WELLNESS OUTREACH



Thursday,
June 22, 2023
10 AM - 2:00 PM

Venue:
830 Union Avenue
Bronx, NY 10459

- Get Free Screenings & Information
- Free Food Distribution

- Cholesterol
- Blood pressure
- Diabetes
- Women's health
- Behavioral health
- HIV/AIDS

In partnership with



For more information contact us at: +718-861-5678
or reach us at: wolbronx1@gmail.com



**CHURCH OF THE
LIVING GOD**

PRESENTS

COMMUNITY DAY



FREE
ENTRY

SATURDAY, JUNE 24, 2023 @ 11:00AM

FRESH PRODUCE, FREE BLOOD PRESSURE SCREENING, HYPERTENSION
EDUCATION AND RESOURCES, COVID-19 VACCINE INFO, FREE AT-
HOME COVID-19 TEST KITS

HAGGERTY PARK

94-1 202 STREET, HOLLIS NY 11423

FOR MORE INFO

811-870-7850



HEALTHY LIFESTYLE TALK



SAT JUNE 24, 2023



POWERPOINT PRESENTATION

FRUITS N WATER SERVED
DURING PRESENTATION



FREE BLOOD PRESSURE
SCREENING
AND INFORMATION



Church of God's Children
Fellowship Hall
159 Dreiser Loop
Bronx, NY 10475

12-2:30pm

THE BRONX
OPIOID COLLECTIVE IMPACT PROJECT
COMMUNITY-BASED SOLUTIONS ADDRESSING THE OPIOID EPIDEMIC

Harm Reduction



HEALTH FAIR

Friday, June 23, 2023

10:00am - 3:00pm

147th Street, btw Willis Ave & Bergen Ave
(Next to the old Samaritan Village offices)



Health Resources,
Community Activities,
Free Giveaways,
Entertainment, and more!

*Engage with local providers, learn
about available resources & services
in your community, and participate in
activities that center your voice in
discussions around health care.*

*For more information,
contact Melissa Nieves:*

(917) 794-1689

Visit lacasadesalud.org

melnieves@lacasadesalud.org

Acacia Network launched the Bronx Opioid Collective Impact Project in 2018 in collaboration with the New York City Council and the Office of Councilmember Rafael Soltero, Jr. as well as the Third Avenue Business Improvement District (BID). It is comprised of a robust network of community-based partners and harm reduction agencies from various sectors, including health care, business, public safety, government, managed care, behavioral pharmacies, and others. For more info, visit bronxooidcollective.org



Revived Community Health Fair

SPIRITUAL, MENTAL & PHYSICAL Community Health Fair



SATURDAY , JUNE 24TH
12PM - 2PM

FREE BLOOD PRESSURE SCREENING

- BLOOD PRESSURE
- SCREENING
- PHYSICAL THERAPY SCREENING

For Information Please Contact

PASTOR ADRIENNE OF FRESH OILS MIN @718-753-1441
ASST PASTOR CAROLYN OF REACH OUT AND TOUCH MINISTRIES @646-597-1223

LOCATION
FRESH OILS
COMMUNITY
GARDEN
119TH ST
BETWEEN
ST NICOLAS AVE
&
EIGHTH AVE

July 2023

 **AGAPE SEVENTH DAY
BAPTIST CHURCH**
110-16 FARMERS BLVD.
QUEENS, NY 11412

Evangelism Month
JULY 1ST-31ST
SABBATH SCHOOL: 11AM - 12:45PM
SABBATH SERVICE 1PM - 3PM

Theme:
SEEKING THE
LOST

**INCLUDED: A WORD FROM THE LORD,
AND A FREE LUNCH**

**WITH GUEST SPEAKERS: J. LINTON • P. ANDRES • A. SAMUELS
D. JOHNSON • S. CAESAR AND MORE**



PLEASE JOIN US!

Community Resource Fair

SERVICES AVAILABLE:

Health

- Appointments for back-to-school forms
- Screenings and testing

Community Resources

- Pharmacy
- New York Public Library
- NYC Department of Health & Mental Hygiene
- Many others

Refreshments will be served



JULY 14TH, 2023
11AM - 3PM

Walter Gladwin Park
(Arthur Avenue & East Tremont Avenue)





UPCOMING EVENTS

FRONT STREET OPEN STREETS
12:00 PM - 3:00 PM

JUNE 17 JUNETEENTH KICK OFF
& CHILDREN'S DAY



RESOURCES

JUNE 24 CLASSIC CAR SHOW

JULY 15 SENIOR DAY WITH
SENATOR SPANTON



JULY 22 NYC DOT
ACTIVITY DAY

JULY 29 ROLLIN' TO THE BEAT
ON FRONT STREET



MUSIC

AUG 5 COMMUNITY DAY

SPONSORED BY:



KAMILLAH W. HANKS
CITY COUNCIL MEMBER DISTRICT 49





Health & Wellness Fair

July 22, 2023

11am - 2pm

Evander Childs Campus -
800 East Gunhill Road, Bronx, NY 10467

Join Now

Get a free COVID-19 vaccine while they're free!

Take charge of your health and learn how to make healthy changes for you and your family

Register at iraiseinc.org/events or scan the QR code



ALCSI
American Lung Cancer Screening Initiative



Department of Health





26TH
PRECINCT



NOON - 5 PM
MORNINGSIDE AVENUE
(BET. 125TH ST. AND 126TH ST., NEW YORK, NY 10027)



**A Special Summer Event Promoting
Health and Safety in Our Community!**

Music • DJ • Child Safety ID • Refreshments • Balloon Artist • Raffles
Magic Show • Summer Safety Information from NYPD

Questions? Contact NYPD Community Affairs Officer Sabrina Urena at 917-624-4818.

If you're a Fidelis Care member and need to renew your or your child's health insurance, we can help!



To learn more about applying for health insurance, including Medicaid, Child Health Plus, Essential Plan, and Qualified Health Plans through NY State of Health, The Official Health Plan Marketplace, visit www.nystateofhealth.ny.gov or call 1-888-298-6777.

Fidelis Care members with Medicaid Premiums will need to re-enroll in Medicaid through the official marketplace. For more information, visit www.nystateofhealth.ny.gov.
Fidelis Care members with Essential Plan Premiums will need to re-enroll in Essential Plan through the official marketplace. For more information, visit www.nystateofhealth.ny.gov.
Fidelis Care members with Qualified Health Plan Premiums will need to re-enroll in a Qualified Health Plan through the official marketplace. For more information, visit www.nystateofhealth.ny.gov.
Fidelis Care members with Child Health Plus Premiums will need to re-enroll in Child Health Plus through the official marketplace. For more information, visit www.nystateofhealth.ny.gov.
Fidelis Care members with Medicaid Premiums will need to re-enroll in Medicaid through the official marketplace. For more information, visit www.nystateofhealth.ny.gov.
Fidelis Care members with Essential Plan Premiums will need to re-enroll in Essential Plan through the official marketplace. For more information, visit www.nystateofhealth.ny.gov.
Fidelis Care members with Qualified Health Plan Premiums will need to re-enroll in a Qualified Health Plan through the official marketplace. For more information, visit www.nystateofhealth.ny.gov.
Fidelis Care members with Child Health Plus Premiums will need to re-enroll in Child Health Plus through the official marketplace. For more information, visit www.nystateofhealth.ny.gov.

1-888-FIDELIS (1-888-343-3547) • TTY: 711



fideliscare.org

@fideliscare



Bethel S.D.A. Church

HEALTH FAIR

Sunday,
July 23, 2023

11:00a.m. to 3:00p.m.

HEALTH
MINISTRIES
DEPT.



- FDNY
- Blue Cross/Blue Shield
- Columbia TRIUMPH Screening Team
- Mount Sinai Prostate Screening Van
- Weill Cornell Colon/Lung Cancer Screening
- Joseph P. Addabbo Health Center
- Blood Pressure
- Podiatrist Evaluation and More...

FREE to the Public

Location:
457 Grand Avenue, Brooklyn, NY 11238



SAT. JULY 29TH, 2023

2ND ANNUAL ST. LUKE AME CHURCH

BLOCK PARTY

152ND STREET AMSTERDAM AVE & BROADWAY

BLOCK PARTY {11A-5P}

Bringing our families and neighbors

Have many families ever run down through the block and exclaimed about childhood experiences that included the days when the block was closed to traffic and we played ball, handball, ate good food,

jumped rope, danced, and listened to music.

Well, join us to re-remember the past and celebrate the future!

VENDORS WELCOME

See any Committee Members for forms

COMMITTEE

4043 150TH ST. LUKE DAY COMMITTEE MEMBERS

Rev. Stephen A. Green, Pastor

**NO OPEN FIRE GRILLS
PLEASE!!**

**Special Performances
St. Luke Dance Ministry**

**Fun activities for the
Children**

DJ Music & Dancing

**Street Games of
Old Times**

**Good Street to be
had by All!!!**

**Street clean-up and
opening 10:30-11:00 PM**

FOR MORE INFORMATION

St. Luke AME Church,
152ND Amsterdam Ave
New York, NY 10023
and 970-4341

Mt. Carmel Baptist Church



BLOCK PARTY & STREET FESTIVAL



Guest Speakers
Prayer
Games and Prizes
Raffles

**JUL
29
12PM**

LOCATION

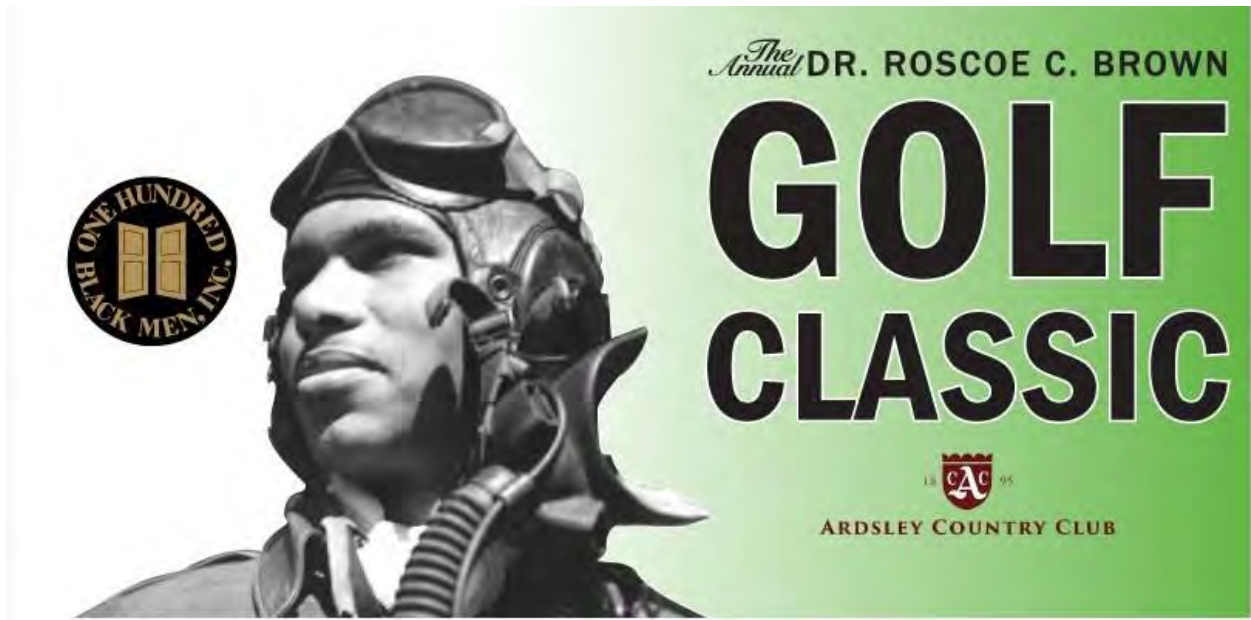
On Ritter Place
Directly between Union Avenue &
Prospect Avenue

Contact: Dea. Sam Martin - 718-568-6222

Food and Snacks
Blood Pressure
Screening &
Health Station
HIV Testing

1376 Prospect Avenue | Bronx, New York 10459

Rev. Dr. Anthony Lowe, Pastor
Rev. Dr. Zoleka Adams, Assistant Pastor



July 31- Aug 1.- 100 Black Men Annual Golf Outing

August 2023



POLICE-COMMUNITY PARTNERSHIPS

NATIONAL NIGHT OUT 2023

COME ENJOY AN EVENING OF ACTIVITIES FOR KIDS, FREE FOOD, AND RESOURCES FOR THE COMMUNITY.

AUGUST 1, 2023 5-8PM

**ON EAST 176TH STREET
BETWEEN CROTONA AND PROSPECT AVENUES
BRONX, NEW YORK 10457**

scan me → 

TOGETHER, WE CAN MAKE COMMUNITIES SAFER, MORE CARING PLACES TO LIVE AND WORK

25th PRECINCT INVITES YOU



POLICE - COMMUNITY PARTNERSHIPS

Tuesday, August 1, 2023
4PM—8PM



120th STREET
Between Madison and 5th Avenues



FOOD * FUN * GAMES * MUSIC *
AND MORE



The 30th Precinct, 30th Precinct Community Council and
Elected Officials
Present



THE 40TH ANNUAL NATIONAL NIGHT OUT

Police Community Partnership

Date: Tuesday, August 1, 2023

Location: Carmansville Playground
1841 Amsterdam Ave, New York, NY 10031
(Btw 151st and 152nd Street)

Time: 12PM – 6PM

Activities:



Free Food, Games, Performances, Funny
Puppeteers, Live Bands, Giveaways.



Please join us as we claim back our streets for fun, peace, and unity.
Police and Community working together!!



West Harlem Development Corporation
Building Strong Communities

Sponsored by

City College, Pepsi, Street 2 Street, West Harlem Development Corporation,
First Responders Children's Foundation and
Most Worshipful Prince Hall Grand Lodge of New York.



Creative Social Solutions
and NYU Langone
Alzheimer's Disease
Research Center present:

A Healthy Brain Aging Event

SATURDAY, AUGUST 5
11:30 AM TO 3 PM

163 St Nicholas Avenue, NY, NY 10026
Enter on 119th St between
St. Nicholas Avenue and
Frederick Douglass Blvd.

RSVP Here:

<https://form.jotform.com/231672969990171>

Get memory and blood pressure screenings and learn about community resources. Presentation at 1:30 pm on healthy brain aging, by Mryna Cardiel, MD from NYU Langone Health.





NYPD PATROL BOROUGH BROOKLYN NORTH

PRESENTS



2023



BROOKLYN NORTH OLYMPIC GAMES

BUSHWICK EDITION!

LEARNING ALL THE CLASSIC GAMES FROM THE 80'S & 90'S



WHAT TO EXPECT:

DOUBLE DUTCH, FREEZE TAG, SKELLY, SIMON SAYS, OBSTACLE COURSES,
MUSIC, PRIZES, RAFFLES, REFRESHMENTS, & MORE...

THURSDAY AUGUST 10, 2023
11AM-5PM
MARIA HERNANDEZ PARK
BROOKLYN NY



FOR QUESTIONS: LAUREN.SYLVESTER@NYPD.ORG





W.W.M ROOM OF VICTORY

&
* UNITED WORSHIP COMMUNITY OUTREACH

4181 PARK AVE BRONX NY
10457

August 12, 2023, SATURDAY
12-3PM

Back to school Block party

OPEN TO THE PUBLIC
FREE HEALTH SCREENING ~FLEAMARKET
MUSIC & ENTERTAINMENT
FACE PAINTING~ GAMES
&
MUCH MUCH MORE...!!!
For more info. Contact Host & Coordinator
Brenda Lugo (347)380-2324



CASTLE HILL RESOURCE CENTER

Presents



**COMMUNITY
RESOURCE
&
FAIR
BACKPACK
GIVEAWAY**

SAVE THE DATE

**SATURDAY
AUGUST 12, 2023
11:00AM-3:00PM**

FOR MORE DETAILS
CALL (718) 829-2116 OR
EMAIL CHRC.720@AOL.COM

**AT FELLOWSHIP COVENANT CHURCH
720 Castle Hill Ave. Bronx, NY 10473**



New York State Senator
Cordell Cleare

Hosts the 2nd Annual

**NATIONAL
SENIOR CITIZENS
DAY IN HARLEM**

**Adam Clayton Powell, Jr.
State Office Bldg. Plaza
163 West 125th St.
New York, NY 10027**





Our Lady of Refuge RC Church
12th ANNUAL

HEALTH FAIR & Back To School Event

Date: Sunday, August 20th 2023
Time: 10:00AM - 3:00PM

Location: 1067 Ocean Avenue
Brooklyn, NY 11230

Everything You Need to Know about Your Physical Health & School Supplies Distribution

GET A FREE HEALTH CHECK-UP:

- Cardiovascular Screening and Health
- Cholesterol
- Mammogram
- Diabetes

ADULT & CHILDREN HEALTH SCREENING

Medicare/Medicaid Information
AND MUCH MORE...

MORE INFO: 718-434-2090

Transportation- B49 & B8 to the corner of Foster & Ocean Avenues; Q train to Neukirk Plaza

Free Blood Pressure Screening by In Touch Columbia University





Episcopal Diocese of Brooklyn
in partnership with
 East River Warriors & Worldwide
 Association of Small Churches



BACK TO SCHOOL & Community HEALTH FAIR



JOIN US!

**Saturday August 26th, 2023
 11:00 a.m. to 3:00 p.m.**

This event is open to all members of the community. Come and bring your friends and family for a fun and informative day!

What to Expect:

- Free school supplies for students (while supplies last)
- Health screenings and information on staying healthy
- Information on community resources and services
- Giveaways

📍 1597 Nostrand Ave, Brooklyn, NY 11226

For more information
 please contact us at 718 304 1708



YoMeCuido



Community Day Health Fair

August 26, 2023
11 am–3 pm

Iglesia Universal
6803 Roosevelt Ave
Queens, NY 11377

JOIN US, GET FREE HEALTH SCREENINGS AND BACK-TO-SCHOOL SUPPLIES

BACK TO SCHOOL BACKPACK GIVEAWAY

Tickets for backpacks must be picked up in advance in
La Jornada 39-04 61st Street, Woodside, NY 11377
From Monday to Saturday 9:00 am to 5:00 pm.

🎟️ *The day of the event the child has to present to get the backpack* 🎟️

PP-UNP-USA-0785



Pfizer
Pathways



Pharmaceuticals



Univessu

September 2023

JEHOVAH JIREH BAPTIST CHURCH OF CHRIST
SPRING BAPTIST CHURCH AND HAMILTON HEIGHTS COMMUNITY
PRESENTS.....

3RD ANNUAL
**COMMUNITY
HEALTH FAIR**

SATURDAY, SEPTEMBER 9, 2023

**WEST 148TH STREET
BETWEEN AMSTERDAM AND BROADWAY
10:00 AM-4:00 PM**

FREE HEALTH SCREENINGS & MORE!

- Diabetes Information
- Backpack Giveaway
- Blood Pressure Screening
- NYPL Book Giveaway
- Prostate Cancer Screening
- Colorectal Cancer Screening
- HIV Testing
- KIDS KORNER- Arts and Crafts
- Dental Kits
- Substance Abuse Information
- CPR Mobile Unit
- Body Focus Repetitive Behavior Information
- Trichotillomania: Hair Pulling, Skin Picking, Nail Biting Information

SPECIAL THANKS TO OUR VENDORS!

 **IrisHouse**

 NEW YORK CITY COUNCIL MEMBER
SHAUN ABREU
1ST COUNCIL DISTRICT

 POLICE DEPARTMENT
9TH PRECINCT

 In2U
TOUCH
COMMUNITY SUPPORT CENTER
100 W. 148TH STREET
HAMILTON HEIGHTS, NY 10032

 **Mount
Sinai**

 THE CITY OF NEW YORK
COMMUNITY BOARD 9
MANHATTAN

 Morningside Heights
Manhattan
Hamilton Heights
Sugar Hill

 POLICE DEPARTMENT
9TH PRECINCT



BETHEL SDA HEALTH MINISTRY
&



KINGSBORO TEMPLE SDA HEALTH MINISTRY PRESENTS

HEALTH & WELLNESS EXPO 2023

YOUR HEALTH MATTERS!



FREE HEALTH SCREENINGS

- JAG-ONE (Physical Therapy)
- FDNY CPR Unit
- Children's Activities
- Heights & Hills (Supporting Brooklyn Seniors)
- VNS Health
- And Much More..
- Therapeutic Massages & Pet Massage
- Plant-Based / Vegan Meal Samples
- Mental Health

GIVEAWAY

Gospel Concert @ 4:30pm

SATURDAY, SEPTEMBER 16, 2023
TIME: 10:30 AM-6:00 PM
415 7 STREET, BROOKLYN, NY 11215

Contact health@kbtsda.org for more info



Ryan Health
Serving All People's Health Needs

ABC

Association of Black Cardiologists, Inc.
Saving the Hearts and Minds of a Diverse America

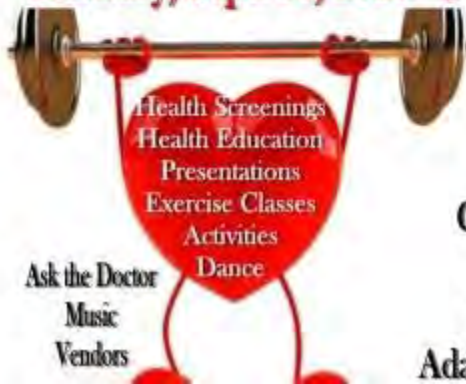


Surprise Guest @ Noon
NBA Legend
Harlem's "GOAT"



HEALTH & WELLNESS FAIR

Saturday, Sept. 16, 2023 10:00am-3:00 pm



Ask the Doctor
Music
Vendors

**FREE
EVENT**

Location:

Canaan Baptist Church
132 W. 116th St.
(btwn Malcolm X &
Adam Clayton Powell Blvds.)



Triumphant Life Church

WAKEFIELD COMMUNITY HEALTH FAIR



"Behold, I will bring to it health and healing, and I will heal them and reveal to them abundance of prosperity and security." Jeremiah 33:6

- ✓ Zumba Fitness Classes
- ✓ Health Education
- ✓ Health Screenings such as dental, mammograms, blood pressure, weight, blood glucose checks, etc
- ✓ Giveaway items
- ✓ Prayers of Healing & Deliverance
- ✓ Mental Health Counseling



**Saturday,
September 30, 2023**

9 AM- 3PM

**4550 White Plains Rd,
Bronx, NY 10470**



TO PARTNER WITH US, EMAIL TLCHURCH@HOTMAIL.COM

Community Partner Events



You are invited to the **Black Health Film Series**
Thursday, May 18 - Saturday, May 20, 2023
FILM • CONVERSATION • CARE
Magic Johnson Theater, 2309 Frederick Douglass Blvd
Three Films • Three Days
Join us as we reflect on our mental health challenges and triumphs, and create a vision for a new future together!

Forward Into A New World
A New Community Mental Care & Wellness Paradigm

Tickets are free!

05.18.23 THURSDAY 6:00 PM

The COMMUNITY Mental Health Project

THE COMMUNITY MENTAL HEALTH PROJECT
The pandemic has affected many of us more than we expected, and we are looking for mental health information, wellness tips, and resources. These mental health animated shorts provide exactly that - debunking stigma about mental health challenges, providing info on self care, and showing us that we are not alone!

DAY ONE: OUR STATE OF MENTAL WELLNESS

05.19.23 FRIDAY 6:00 PM

BIRTHING JUSTICE
A study of the birthing journey for Black women in the U.S., diving deep below the staggering statistics on maternal deaths and beyond the grief to amplify the ways in which Black women and their families are taking control, and transforming the birthing experience to one of joy and resilience.



DAY TWO: WE ARE NOT ALONE: HONORING OUR EXPERIENCES

05.20.23 SATURDAY 3:00 PM

DOPE IS DEATH
The story of Dr. Mutulu Shakur and his revolutionary work with the Black Panthers and Young Lords in 1970's NYC. Combining progressive community-based healthcare with radical politics, they created the first acupuncture detoxification program in the US - a visionary project eventually deemed too dangerous to exist.



DAY THREE: WE HAVE THE POWER: STORIES OF COMMUNITIES RISING

presented by **BLACK HEALTH** *All films include an interactive expert panel discussion, and a free movie snack pack!

Scan or visit bit.ly/BlackHealthFilms for FREE tickets now.



For more information & sponsorship contact: info@nbclch.org | www.nbclch.org   

Join us for the "Damar Hamlin Challenge"



Registration required.
Must be 13 years old to register.

FDNY  **CPR**  **Training**
FREE "hands-only" CPR training class

Learn CPR
SAVE A LIFE



St. Philip's Episcopal
Church



**BLACK
HEALTH**
National Black Leadership
Commission on Health, Inc.

Monday, February 27, 2023

6:00 PM - 7:30 PM EST

St. Philip's Episcopal Church

204 West 134th Street

New York, NY 10030

The Reverend Canon Terence Alexander Lee, Rector

<https://www.eventbrite.com/e/fdny-cpr-training-join-us-for-a-free-hands-only-cpr-training-class-tickets-549570338677?aff=ebdssbdestsearch>

Community Mental Health Project

BLACK HEALTH 

**FREE
PROGRAMS**

Self-Care Discussion
Thursday, March 2, 2023
2 – 3:30 P.M.



St. Philip's Episcopal Church



204 W. 134th Street
New York, NY 10030

Join the discussion. What is Self-Care? Self-care means taking the time to do things that help you live well and improve both your physical and mental health.

This session led by Dr. Patrice Douglas includes a simple approach to reimagine a better path to connecting with self and enhance core motive of belongingness to find joy, excitement, and energy to preserve one's sense of self and mental health and wellness.

REGISTER



PRESENTER

Dr. Patrice N. Douglas, LMFT, is a Licensed Psychotherapist and Doctor of Psychology based in Southern California. She is the Mental Health Consultant for Black Health. Dr. Douglas specializes in many subsets of psychology, including anxiety, addiction, relationship health, and multicultural issues.

Community Mental Health Project is a community-informed collaboration aimed at raising community awareness around mental health and highlighting resources with a specific focus on Black and Latinx/a/o New Yorkers. Visit <https://www.youtube.com/user/NBLCAonline>.



CENTRAL HARLEM TOWN HALL

THE HEALTH HUB: MOVING FORWARD



Thursday, May 11, 2023 at 5:30 PM
Location: St. Philip's Church
204 West 134 Street, NYC, NY 10030

REGISTER NOW



**A LIGHT DINNER
WILL BE SERVED**
Contact: Jason Price



- WELCOME
- OPENING REMARKS:
Black Health History/
Community Work
- Introduce CDG Scope,
Staff, CHWs, Interns
- Overview of CDG Project
- NEEDS ASSESSMENT:
What was it?
What did we learn?
- RESPONSE:
What was our response
and the results?
- ACTIONS:
What are the calls to
actions coming out of this?





HUSTLE CULTURE WORKSHOP

Join us at Ephesus Seventh Day Adventist Church for an interactive workshop where we will break down the implications of 'hustle culture and brainstorm ways to implement rest into our lives to promote a healthier lifestyle.



Soccer Practice
3 pm

eggs
milk
bread
pasta

Lacross
practi



Saturday, August 19th
5:00 PM



101 W 123rd St,
New York, NY 10027



The TRIUMPH Research study is being conducted by physicians and staff from Columbia University Medical Center & Icahn School of Medicine at Mount Sinai



Ryan Health
Caring for New York. Here for You.

ABC

Association of Black Cardiologists, Inc.
Saving the Hearts and Minds of a Diverse America



Surprise Guest @ Noon
NBA Legend
Harlem's "GOAT"



HEALTH & WELLNESS FAIR

Saturday, Sept. 16, 2023 10:00am-3:00 pm



Health Screenings
Health Education
Presentations
Exercise Classes
Activities
Dance

Ask the Doctor
Music
Vendors

**FREE
EVENT**

Location:

Canaan Baptist Church

132 W. 116th St.

(btwn Malcolm X &

Adam Clayton Powell Blvds.)

EPHESUS SEVENTH-DAY ADVENTIST YOUTH MINISTRIES

PRESENTS



Panel Discussion Time

5PM

IN THE EVENING



Moderator

MD, MBA

DR. SIDNEY HANKERSON

DEACON VERONICA MARSHALL, MSW/ MELODIE PEREZ, MA,BA/ DIANNE MACK, LCSW

MENTAL HEALTH DAY

THEME: MATTERS OF THE MIND

DATE:

15 OCT

2022

Venue

101 WEST 123RD STREET, NEW YORK, NY. 10027

FREE MENTAL HEALTH,
ANXIETY AND DEPRESSION
SCREENINGS AT 1 - 3PM

EPHESUS AT THE HEART OF HARLEM



EPHESUS SDA CHURCH



WWW.LIVESTREAM.COM/EPHESUS

WWW.EPHESUS.ORG



Bethel S.D.A. Church

HEALTH FAIR

Sunday,
July 23, 2023

11:00a.m. to 3:00p.m.

HEALTH
MINISTRIES
DEPT.



- FDNY – Fire Safety
- FDNY – Hands-Only CPR
- Columbia University TRIUMPH Study & INTOUCH Blood Pressure Screening
- Weill Cornell Cancer Screening Info/ Assessment
- NYC DOHMH-Heat Safety Info
- Podiatrist Evaluation [and More...](#)

FREE to the Public

Location:

457 Grand Avenue, Brooklyn, NY 11238

C.A.R.P
CATHOLIC ANTI-RACISM PROJECT

Presents

RACISM IS TRAUMA:

A talk on the intersection of Racism and Mental Health



Karen D. Faulkner

Yoga Instructor, Wellness Educator,
Mindfulness Coach & SEL Certified
CEO & Founder of Inner Being LLC



Dr. Martha Sullivan, DSW

Moderator

Founder, CEO Citywide
Behavioral Health Coalition for
Black Elders, Inc.



**Dr. Sidney
Hankerson, MD, MBA**

Assistant Professor of Psychiatry at
Columbia University
TRIUMPH

Content by Pierre Toussaint Scholar, Elijah West '22, BSW



Date: Thursday, November, 10th, 2022

Time: 7:15pm



Location: Ltd. Joseph P. Kennedy Jr. Community Center **(In-Person Event)**
34 W 134th Street New York, NY, 10037

This event will also be virtual. Zoom details at a later date.



REGISTER NOW AT :
[HTTPS://BIT.LY/3TIRFVE](https://bit.ly/3TIRFVE)



NYC Manhattan **10**
Community Board
HEALTH & HUMAN SERVICES COMMITTEE

THURSDAY, MAY 4TH 2023
5:30PM-8:00PM

MENTAL HEALTH FORUM

Ending Silence:
Breaking Barriers to
Mental Health Care in Harlem



LOCATION

LT. JOSEPH P. KENNEDY JR.
COMMUNITY CENTER
4 WEST 134TH STREET
NEW YORK, NY 10037



NYC Manhattan **10**
Community Board
ENDING SILENCE. BREAKING BARRIERS
TO MENTAL HEALTH CARE IN HARLEM

TO RSVP
SCAN CODE OR
CALL 212-749-3105

<https://cbmanhattan.cityofnewyork.us/cbio>





Join Us for a Weekend of Wellness

at

CHRISTIAN FELLOWSHIP SEVENTH DAY ADVENTIST CHURCH

777 SCHENECTADY AVENUE, BROOKLYN NY 11203

Saturday, May 6, 2023

11AM

Divine Hour Speaker

Caring for Our Mental Wellbeing



Dr. Sidney Hankerson

**Vice Chair of Community Engagement,
Dept of Psychiatry
Icahn School of Medicine**

4PM

Afternoon Program Speakers

Managing Stress for Healthier Living



Dr. Katheryn Roberson

Icahn School of Medicine



Glenn McMillan

**TRIUMPH Community Health
Worker**

Sunday, May 7, 2023

Health Fair

10AM - 3PM

**Connect with a TRIUMPH Community Health
Worker for a FREE mental wellness screening!**

**The TRIUMPH Research Study is being conducted by physicians and staff from
Columbia University Medical Center & the Icahn School of Medicine at Mount Sinai.**

THE CHRISTIAN MISSION MINISTRY

Present

**35th ANNUAL MISSION
FAIR**

CONVENT AVENUE BAPTIST CHURCH

REV. DR. JESSE T. WILLIAMS, JR., Pastor
DEACON LAWRENCE C. HUDSON, CHAIRMAN OF MISSIONS

CHRISTIAN MISSION MINISTRY

~CHURCH THEME~

**RESTRENGTHENING~ REFOCUSING ~ AND
RECOMMITTING TO GOD'S CHURCH**

**Ephesians 6:10-13, 2Corinthians 10:3-5, Isaiah 40:28-31
Joshua 24:14-15**

September 10th, 2023

9:30AM – 3:30PM

LAUNCH SUNDAY

Children & Youth Church
Evangelism Ministry
Deacon Ministry
Music Ministry
Young Adult Ministry
Christian Education Min.
Sunday School Ministry
Health Ministry
Food Pantry Ministry

Helping Hands Min.
Progressive Min.
Ushers Ministry
Prayer Ministry
Trustee Ministry
Comfort Ministry
Multi-Media Min.
Appreciation Min.
Prison Ministry

COME AND BE A BLESSING

ARE YOU FEELING

Tired & Irritable?
Worried About the Future?
Frustrated & Can't Shake It?
Does COVID Have You Stressed?

THE WOMEN'S MINISTRY
Invites you to
"Self-Care: For Us, By Us"
A Community Conversation about

SELF-CARE
self-care



When: Sunday, March 19, 2023
Immediately following the Worship Service

Where: Convent Avenue Baptist Church
420 West 145th Street, New York, NY 10031

Facilitator: Veronica Marshall
Clinical Research Coordinator
Icahn School of Medicine at Mount Sinai

Deacon Catherine Coleman, Supervisor
Sister Sheila Brandenburg, President Women's Ministry
Rev. Dr. Jesse T. Williams, Jr., Senior Pastor



JOIN US FOR

Community Health and Cultural Activities Designed to Promote Wellness

Health Screenings
Wellness Information



HARLEM REVIVE!

Saturday July 15, 2023
12:00PM - 4:00PM

THE 11TH ANNUAL COMMUNITY DAY OF UNITY

A Health & Job Fair

Jackie Robinson Park Bandshell
48 Bradhurst Avenue @148th Street
Harlem, NY





RENEWING OUR MINDS:

A PASTORAL CONVERSATION ABOUT MENTAL HEALTH & THE BLACK CHURCH

Moderated by:



Rev. LaVonne Erskine

New Jerusalem Worship Center

TRIUMPH Community Health Worker



Bishop Ronald Hopkins

Pilgrim Cathedral of Harlem



Rev. Dr. Thomas Johnson

Canaan Baptist Church



Dr. Timothy Nixon

Ephesus Seventh Day Adventist

Join us as we bring together this esteemed team of ministers for a meaningful conversation about themes aligned with the mental health needs of the Black Community and how they have seen Faith & Counseling work in tandem for healing in our communities.

FREE screenings for mental wellness, anxiety, and depression will also be available.

DATE:

Saturday, May 6, 2023

2 PM

LOCATION:

Pilgrim Cathedral of Harlem

15 W 126th New York, NY 10027

Can't make it? Join the conversation online:



The TRIUMPH Study in NYC



LIVE

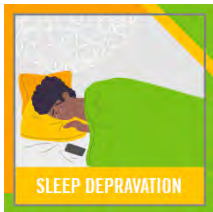
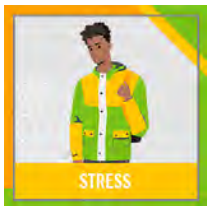
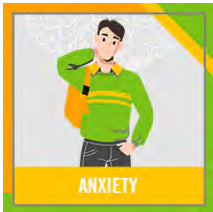
The TRIUMPH Study in NYC

The TRIUMPH Research Study is being conducted by physicians and staff from Columbia University Medical Center & the Icahn School of Medicine at Mount Sinai.



**Calling students
ages 17 to 25 years**

**Mental Health Fair
Saturday, June 10, 2023
12:00 pm to 3:00 pm**



**Workshops on mental health disorders and screenings* to
provide resources to manage mental health and wellbeing**

Let us know you are coming — signup at

<https://makingitthrough.org>



* The TRIUMPH Research Study is being conducted by physicians and staff from Columbia University Medical Center
& the Icahn School of Medicine at Mount Sinai

**St. Charles Borromeo R.C. Church
211 W. 141st Street
New York, NY
Supported by their Health Ministry**



**West Harlem
Development
Corporation**

Solutions through collaborations™





NYPD

New York City Police Department
900 Fteley Ave, Bronx, NY 10473

43rd Pct. Announces 2023 Participation in National Night Out Against Crime

June 16th, 2023

Dear Vendors,

The 43rd Precinct, Community Affairs / Community Council is excited to be hosting **2023 Nationals Night Out!** On Tuesday, August 1, 2023 (2:00pm – 6:00pm). Location: **Brucker Commons - Bronx NY (Parking Lot)**.

NNO culminates annually on the 1st Tuesday in August. NNO enhances the relationship between neighbors and law enforcement while bringing back a true sense of community. Furthermore, it provides a great community opportunity to bring police and neighbors together under positive circumstances.

We are calling on all vendors who would like to have a table and be part of the **43rd Pct. Nationals Night Out event on August 1, 2023 from 2:00pm - 6:00pm**. Table set up can be 1 hour prior to the event. There will be a check in table, all vendors must check-in. Upon checked-in, vendors will receive a bracelet (bracelet will confirm check in, participating as a vendor, access to drinks/meal).

Reserve your spot ASAP via email. Email subject line must include: **Vendor, 43rd Pct. Nationals Night Out event on August 1, 2023**. In the body of the email, provide first/last name, contact information (phone# / email) of who will be manning the table. Emily Pagan will then respond to your RSVP as confirmed.

We look forward to having your table filled with the information your organization has to offer!

Games And FREE Giveaways Are Welcomed.

Absolutely NO Items Are to Be Sold for Business at This Event.
Only organizations that does not earn a profit for its ownership is allowed to participate.

NOTE: MUST BRING YOUR OWN TABLE, TENT, COOLER AND CHAIRS.

Contact: Emily Pagan - 43rd Pct. CC via email: nypd43pctcouncil@outlook.com

COMMUNITY ACTIVITY & INFORMATION DAY!



FREE!

FREE HEALTH SCREENINGS DEMONSTRATIONS & INFORMATION DISCUSSIONS

- o Adult & Child Vaccine Updates
- o Kidney Health
- o Sickle Cell
- o Cancer Prevention
- o Mental Health & Dementia
- o Safe Sleep
- o Prenatal Care
- o Small Business Administration



[f @NCNWQueensCounty](#)
[@nenwqueenscounty](#)
[@nenwqueens](#)
[NCNW, Inc. Queens County Section](#)
[m.me/NCNWQueensCounty](#)

EVENT INFORMATION:

 **SATURDAY AUGUST 26, 2023**

 **10:00 am - 2:00 pm**

 **Rush Temple A.M.E. Zion**
119-48 Sutphin Blvd.
Jamaica, NY 11434

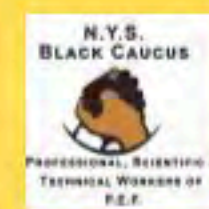
Contact:

NCNW Health Committee
Jennifer Henry (631)-233-7311
Regina Johnson (929)-336-7954
Health.NCNW.qcs@gmail.com

FREE ACTIVITIES!

Back-to-School Supplies
Face Painting
Double Dutch & Games
Raffles & Giveaways
Zumba
Photo Booth
And more!

SPONSORS



Back to School



Supplies and Shoe Giveaway

August 26, 2023

12 Noon until 3:00pm

or while supplies last



NEW JERUSALEM
WORSHIP CENTER



122-05 SMITH STREET JAMAICA, NY 11434

@thomasmyrick348

NEW JERUSALEM

WORSHIP CENTER

122-05 SMITH STREET | JAMAICA, NY 11434

NOVEMBER 19, 2022

1:00PM - 3:00PM



LUKE 3:10-11

"What should we do then?" the crowd asked. John answered, 'Anyone who has two shirts should share with the one who has none, and anyone who has food should do the same.'"

Pop up Pantry



PRE-REGISTRATION

COVID-19 VACCINES AND BIVALENT BOOSTERS

Pfizer Booster ages 5+

Moderna ages 6+

Influenza (Flu) Vaccine

On-site



Department of Health

AIDS Institute

• HIV/AIDS • STD • VIRAL HEPATITIS • LGBT HEALTH • DRUG USER HEALTH •

WOMEN'S CONFERENCE

SATURDAY, MAY 20, 2023 | 9:00AM - 3:00PM

NEW JERUSALEM
WORSHIP CENTER
BISHOP CALVIN RICE, PASTOR

Women

WOVEN IN HIS IMAGE

Continental Breakfast & Lunch Served

EARLY REGISTRATION: **\$50.00**

AFTER 5/14/23: **\$60.00**

YOUNG ADULTS UNDER AGE 21

DISCOUNTED RATE: **\$25.00**

PAYMENTS CAN BE MADE BY

CASH | CHECK | OR ZELLE; NJWCDEPOSIT@NJWORSHIP.ORG



NEW MOUNT ZION BAPTIST CHURCH
PRESENTS

REVEREND DR. CARL L. WASHINGTON JR., SENIOR PASTOR

GET TO KNOW YOUR CHURCH DAY

SATURDAY, JULY 15TH, 2023 AT 10AM - 4PM

NEW MOUNT ZION BAPTIST CHURCH 171 WEST 140TH STREET NEW YORK. N.Y. 10030

MUSIC - FOOD - FUN - SCHOOL SUPPLIES - FACE PAINTING - AND MORE

JOIN US FOR WORSHIP

SUNDAY, JULY 23RD, 2023 AT 10:30AM

FRED SAMUELS PLAYGROUND
139TH AND 140TH STREET MALCOLM X
BLVD (LENOX AVE)

JOIN US AS WE CELEBRATE LIVING AN ABUNDANT LIFE IN CHRIST

SEE YOU THERE!!!!

FOR MORE INFO: 212.283.0788 - INFO@NMZBC.ORG

Canaan Baptist Church of Christ

132 W.116th St. New York, NY 10026



17th

PASTORAL

ANNIVERSARY

April 21-23, 2023



"The Celebration of a Pastor With a Servant's Heart"

Jeremiah 3:15

Rev. Dr. Thomas D. &
First Lady Donna Johnson

3 Days of Celebrations

Day 1: Fri. 4/21

Day 2: Sat. 4/22

Day 3: Sun. 4/23



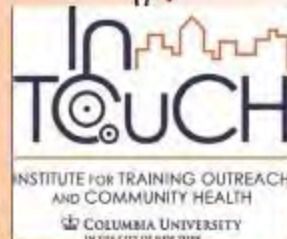
6:00pm-8:00pm

Health Fair



Mount
Sinai

In Partnership
with



10:00am-3:00pm

12:30pm-2:30pm



10:00am



Guest Preacher

Rev. Dr. Violet Lee

Executive Program Minister

Christ Church NYC



Self Care Fair

The Community Health Workers of New Jerusalem Worship Center, in partnership with local businesses and organizations, will host a Self Care Fair to kick off our self-care workshop series.



Saturday
October 1, 2022

12 PM-4PM



New Jerusalem Worship
Center

122-05 Smith St,
Jamaica, NY 11434

Featuring demonstrations & discussions on topics including:

- Mindful meditation & movement
- Physical fitness
- Mental health service navigation
- Financial literacy
- Grief support
- Activities for children
- Raffles, & more.



UPCOMING EVENTS

JULY
15

Get to Know Your Church
10am-4pm

New Mount Zion Baptist: 171 W 140th St, New York, NY 10030
Join NMZ for Music, Food, Fun, School Supplies, Face painting and MORE

JULY
15

Harlem Revive w/ HCCI Partnered w/ Convent
12pm-4pm

48 Brookhurst Avenue @148th Street (Jackie Robinson Park, Bantehell)
11th Annual Community Day of Unity

JULY
15

Ephesus SDA Service + Gospel Concert
Service 11am; Concert: 5pm

Harlem State Office Building 183 W 125th St, New York, NY 10027

The TRIUMPH Research study is being conducted by physicians and staff from Columbia University Medical Center & Icahn School of Medicine at Mount Sinai

UPCOMING EVENTS

JULY
19

Canaan Senior Center Self-Care
Workshop
12-1pm

1428 6th Ave (enter on 116th) New York, NY 10003

JULY
23

Bethel SDA Health Fair
11am-3pm

457 Grand Ave, Brooklyn, NY 11238
Fire Safety, Hands-only CPR, INTOUCH Blood Pressure Screening, Weill Cornell Cancer Screening, and MORE

The TRIUMPH Research study is being conducted by physicians and staff from Columbia University Medical Center & Icahn School of Medicine at Mount Sinai

JULY 29 **Mental Health Moment**
 South Brooklyn SDA Churches Crusade partnered w/
 Christian Fellowship SDA Church
 1106 Utica Ave, Brooklyn, NY 11203
 TIME: 5PM

JULY 30 **"Hustle Culture" Workshop w/ Young Adult Ministry**
 Convent Avenue Baptist Church
 425 W 144th St, New York, NY 10031
 TIME: 11:30AM

The TRIUMPH Research study is being conducted by physicians and staff from Columbia University Medical Center & Icahn School of Medicine at Mount Sinai

AUGUST 12 **Moriah City Community Day**
 Mount Moriah AME Church
 (New Jerusalem sponsored)
 116 -20 Francis Lewis Blvd
 Cambria Heights, NY 11411
 TIME: 12:00PM - 5:00PM

The TRIUMPH Research study is being conducted by physicians and staff from Columbia University Medical Center & Icahn School of Medicine at Mount Sinai

AUGUST 18 **Annual Senior Citizens Day**
 (Canaan sponsored)
 Harlem State Office Bldg
 163 W 125th Street
 New York, NY 10027
 TIME: 11AM-7PM

AUGUST 19 **Rangel Houses Family Day**
 (Pilgrim sponsored)
 159-30 Harlem River Drive
 New York, NY 10039
 TIME: 5PM

The TRIUMPH Research study is being conducted by physicians and staff from Columbia University Medical Center & Icahn School of Medicine at Mount Sinai

AUGUST
19

"Hustle Culture" Workshop w/
Adventist Youth Ministry

Ephesus Seventh Day Adventist Church
101 W 123rd St
New York, NY 10027
TIME: 5PM

The TRIUMPH Research study is being conducted by physicians and staff from Columbia University Medical Center & Icahn School of Medicine at Mount Sinai

AUGUST
26

NCNW, Inc. Queens Section & Rush
Temple AME Zion Community Activity
and Information Day

(New Jerusalem Worship Center sponsored)
1119-48 Sutphin Blvd., Jamaica NY 11434
TIME: 10AM - 2PM

AUGUST
26

Back to School Fair

New Jerusalem Worship Center
122-05 Smith St, Jamaica, NY 11434
TIME: 12PM - 3PM

The TRIUMPH Research study is being conducted by physicians and staff from Columbia University Medical Center & Icahn School of Medicine at Mount Sinai

AUGUST
27

Sunday Worship Service

New Jerusalem Worship Center
122-05 Smith St, Jamaica, NY 11434
TIME: 10:30 AM

The TRIUMPH Research study is being conducted by physicians and staff from Columbia University Medical Center & Icahn School of Medicine at Mount Sinai

610-W-130

WELLNESS
CENTER

WELLNESS
CENTER



**GREENE SCIENCE CENTER
ZUCKERMAN INSTITUTE**



JEROME L.
GREENE
SCIENCE
CENTER

NG
SCHOOL
SCHOOL



JEROME I.
GREEN SCIENCE
CENTER

JEROME L.
GREENE SCIENCE
CENTER



COLUMBIA UNIVERSITY

JLG Lobby