Manhattanville in West Harlem Implementation Plan Report October 14, 2022 Submission

Declaration Reference and Key Data

Obligation Section Number: 5.07(c)(ii)

Obligation Title: Mind Brain Behavior Public Outreach Center

Obligation Page Number: 52

Obligation Trigger: Issuance of TCO for Development Site 2

Obligation Start Date: August 25, 2016

Obligation End Date: 25 Years from Commencement of the Public Outreach Center's Full Operation

Obligation Status: In Compliance

Obligation

Mind Brain Behavior Public Outreach Center. CU shall locate within Development Site 2 (the proposed Jerome L. Greene Science Center) a Screening and Education Center for community outreach. The purpose of the Center shall be to provide stroke awareness lectures and free blood pressure and cholesterol screenings. The Center shall commence operation upon issuance of the temporary certificate of occupancy for the Jerome L. Greene Science Center and operate for a 25-year period from commencement of full operation.

* The center opened to the public in September 2017. Therefore, this obligation will be in effect until 2042, 25 years from the commencement of the center's full operation.

Evidence of Compliance

- 1. Press release and/or announcement about center opening
- 2. Link to website
- 3. Annual report
- 4. Signage at Jerome L. Greene Science Center/MBB Building

Columbia University's Implementation Plan and all supporting documentation are made available on the Columbia Neighbors Webpage at https://neighbors.columbia.edu/content/community-commitments.

Manhattanville in West Harlem Implementation Plan Report October 14, 2022 Submission

EOC Checklist for Obligation 5.07(c)(ii):				
Please check to verify EOC items submitted for review.				
1. Press release and/or announcement about center opening				
2. Link to website				
3. Annual report				
4. Signage at Jerome L. Greene Science Center/MBB Building				
Monitor's Notes / Comments:				
Status: Please check to indicate the status of Obligation 5.07(c)(ii):				
☐ In Compliance				
☐ In Progress				
Not In Compliance				
□ Not Triggered				

COLUMBIA | Wellness Center

Located in Columbia University's new Jerome L. Greene Science Center in West Harlem

The Wellness Center provides free blood pressure readings, cholesterol screening and AIC glucose testing to the community. Visitors will receive a record of their results, as well as information on ways they can improve their health.

On request, Wellness Center staff will provide information about free and low-cost health care available throughout Harlem and upper Manhattan. The Wellness Center will also provide onsite assistance with health insurance enrollment.

In addition to providing free blood pressure and cholesterol screening, the Wellness Center is home to two programs dedicated to empowering the community through health education.

The Mental Health First Aid (MHFA) program is dedicated to improving access to quality mental health in Harlem. The program teaches participants the warning signs of mental health problems, helps build an understanding of the importance of early intervention and seeking support. Information about support groups, tools for mental health, and local resources will be provided.

The Institute for Training Outreach and Community Health (InTOuCH) is a free community-based program designed to raise awareness about stroke and heart attack prevention. Through its rigorous training program, InTOuCH participants commit to serving the community as volunteer health workers and as counselors at Columbia's Wellness Center and local screening events.

www.zuckermaninstitute.columbia.edu/community-wellness-center

NOW OPEN
MONDAY-FRIDAY 9 A.M.-5 P.M.

610 W. 130th Street New York, NY 10027 1-212-853-1146

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NOW OPEN MONDAY-FRIDAY 9 A.M.-5 P.M.

Mind Brain Behavior Public Outreach Center

Link to website:

https://communitywellness.manhattanville.columbia.edu/content/about-center

About the Center

Welcome to the Columbia Community Wellness Center.

The center is led by neurologist Olajide Williams and psychiatrist Sidney Hankerson, physicians known for their pioneering approaches to improving public health in Harlem and Washington Heights. The Wellness Center operates with support from Columbia's Mortimer B. Zuckerman Mind Brain Behavior Institute 3.

The Wellness Center houses the Community Health Worker Stroke Prevention program, designed to raise awareness about one of the leading causes of death and disability in the United States. The free program includes six-week training sessions held throughout the year to give local residents the tools they need to become community health workers. Volunteers learn about cardiovascular health issues, with a special emphasis on stroke and related risk factors. The program, modeled on the Centers for Disease Control and Prevention training curriculum for community health workers, is led by Dr. Williams, chief of staff of neurology and associate professor of neurology at Columbia University Medical Center; founder of Hip Hop Public Health; and co-director of the Center for Stroke Disparities Solutions in New York.

"When we committed ourselves to creating a new kind of open, accessible campus in Manhattanville, we knew it would be essential to use this as an opportunity to deepen our partnerships with the local community." — Columbia President Lee C. Bollinger



A Specially Designed Community Center

Located on the ground floor of the Jerome L. Greene Science Center, the Wellness Center provides health resources to area residents. ColumbiaDoctors host community-based initiatives that train members of the Harlem community to become health advocates to prevent stroke and promote mental health. The center also provides free cholesterol and blood pressure screenings, health insurance enrollment, weight counseling, and other services.

Please note that the Wellness Center is not a clinical practice.

Message from the Directors

212-853-1146

■ wellnesscenter@cumc.columbia.edu

Annual Report: Mind Brain Behavior Public Outreach Center (Wellness Center)

State Submission Annual Reporting Period: October 2021 - September 2022

The Wellness Center, situated on the ground floor of the Jerome L. Greene Science Center, located at 610 West 130th Street, offers health resources to serve area residents. *Please note the Wellness Center is not a clinical practice.*

Due to the COVID-19 pandemic, the Columbia Wellness Center closed its doors to the public on March 7, 2020. Screening services at the center remain suspended. Community Health Workers (CHWs) perform blood pressure screenings at community events. Cholesterol screenings require a sterile environment and are not able to be performed at community events.

Blood Pressure and Cholesterol Screenings

Month	Blood Pressure Screening Events	Cholesterol Screenings	Total
Oct-2021			0
Nov-2021			0
Dec-2021			0
Jan-2022			0
Feb-2022			0
Mar-2022			0
Apr-2022	4		4
May-2022	6		6
Jun-2022	6		6
Jul-2022	5		5
Aug-2022	7		7
Sep-2022	3		3
	31	0	31

Stroke Awareness

The Wellness Center houses the Community Health Worker Stroke Prevention program (CHW), which empowers communities to combat stroke. The program includes 6-week trainings, held throughout the year at the Wellness Center, that give local residents the tools they need to become community health workers. Volunteers learn about various cardiovascular health topics, including motivational interviewing, with a special emphasis on stroke and related risk factors. Alumni of the program serve as health advocates in their communities and at faith-based organizations, with the overall goal of improving stroke outcomes and lowering the prevalence of stroke and related risk factors. The curriculum was developed with the assistance of community focus groups and in consultation with experts in health education.

The program, modeled on the Center for Disease Control and Prevention's CHW training curriculum, with the addition of culturally tailored multimedia components, is led by Olajide Williams, MD, chief of staff of neurology and associate professor of neurology at Columbia University Medical Center, founder of Hip Hop Public Health, and codirector of the Center for Stroke Disparities Solutions in New York.

InTOuCH Community Health Worker Training				
Cohort #	Cohort # Drogram Dates			
Conort #	Program Dates	people trained		
Cohort 12	Oct - Dec 2021	12		
Cohort 13	May - June 2022	23		
	Total	35		

Additional Supporting Documentation

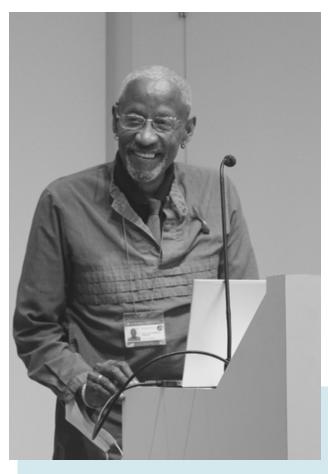
- InTOuCH Annual Report October 2021 September 2022
- Copies of flyers for events attended by Community Health Workers and Wellness Center staff

ANNUAL REPORT

October 2021 - September 2022







Dr. Robert E. Fullilove

HIGHLIGHTS

- Dr. Robert E. Fullilove joined Dr. Olajide Williams as Co-Director of the Wellness Center in March 2022
- CHW Workforce Development in January 2022
- Membership with the National Association of Community Health Workers (CHWs) in March 2022
- Collaboration with VIP Community Services in May 2022
- InTOuCH Evaluation Project in May 2022
- Community Health Worker- led Research TRIUMPH Depression Screening Study

Under the leadership of Dr. Williams and Dr. Fullilove, the current Wellness Center model will reform its focus on Community Health Worker (CHW) training. Through our certified CHWs, the Wellness Center will continue to meet its objectives by providing the community with preventative measures related to stroke and cardiovascular disease, mental health screening, and outreach services.

Learn more: https://neighbors.columbia.edu/news/robert-fullilove-appointed-co-director-manhattanville-wellness-center-joining-olajide-williams

C0-DIRECTORS

Dr. Olajide Williams, MD, MSChief of Staff & Professor of Neurology
Associate Dean of Community Research & Engagement

Dr. Robert E. Fullilove, EdD
Professor of Clinical Sociomedical Sciences
Associate Dean for Community & Minority Affairs

PROGRAM DIRECTOR

Dr. Janhavi Mallaiah, MD, MPH, MA, EdD

ADMINISTRATIVE TEAM

Mariama Kora, MPH Program Administrator

Jessica O. Idumonyi Research Coordinator

Mary Redd CHW Champion

Glenn McMillan CHW Champion

Neal Sutton Insurance Coordinator



OVERVIEW

Housed at the Columbia University's Wellness Center, the Institute for Training Outreach and Community Health (InTOuCH) program is dedicated to train and certify lay and professional volunteers from faith and community-based organizations (CBO) as community health workers (CHW). The InTOuCH program that is focused around stroke and cardiovascular disease (CVD) prevention, and consists of eight weeks of training – six weeks of didactics, plus two weeks of hands-on practicum.

'To date, we have trained 13 cohorts and 172 Community Health Workers (CHWs).

The comprehensive curriculum designed with a health disparities lens covers a range of health topics, including stroke, heart attack, diabetes, high blood pressure, cholesterol levels, motivational interviewing, navigating the NYS health insurance exchange, healthy nutrition and physical activity. Through this training program, volunteers will become proficient in blood pressure measurement techniques, body mass index (BMI) measurement, cholesterol, and HbA1c testing. The CHWs also acquire effective communication skills for stroke and cardiovascular disease (CVD) health counseling among other skills.

The training is FREE, and Columbia University faculty and staff teach all topics. At the end of the training, certified CHWs conduct free community health screenings, provide health counseling and linkage to care. They receive continued health education, and have several opportunities to continue working with the alumni group.

The program also provides training and certification on New York State's Health Insurance exchange, certifying our CHWs as "Insurance Application Specialists". We currently have a footprint in all the 5 boroughs including 56 churches., 2 CBOs. The program has made a tremendous community impact with over 25,000 blood pressure screenings, 500 counseling and referrals, and more than 400 insurance sign -ups.

Learn more: https://neighbors.columbia.edu/news/community-healthcare-workers-graduation

WORKFORCE DEVELOPMENT

The vital role of Community Health Workers (CHW) and their impact on improving the health status of the communities they serve has been well established. As credible, trusted members of their respective communities, CHWs are one of the most powerful resources to combat health disparities, particularly among populations at greatest risk for poor health outcomes.

According to the Bureau of Labor and Statistics, the demand for CHWs is projected to increase by as much as 18% nationally and 25% in the New York metropolitan area by the year 2030, which may be due in part to the growing health care workers shortage. Currently, training across the United States varies from program to program. As CHWs become increasingly recognized both as a profession and for their impact on health equity, the development of training standards is vital.

Building from the core of a CHW curriculum designed by the Centers for Disease Control (CDC), the InTOuCH team is developing a standardized training curriculum that leverages best practices of our CHW training program and the expertise of our curriculum leaders at Columbia's medical school, so that other medical centers might replicate our model and bring the urgently needed services of CHWs into at-risk communities across the nation; and expand our CHW program to reach more residents of Northern Manhattan.

With a standardized CHW curriculum, for the first time we would be able to establish a system of training and certification—thus providing CHWs with a formal scope of practice. In addition, the attendant opportunities to be funded by third parties such as Medicaid. The standardized curriculum would be a step toward allowing federal and private insurance agencies to consider reimbursing CHWs directly for their work at competitive wages so that their pay reflects their valuable contributions to community public health. Moreover, the development of a standardized curriculum for CHW training may ameliorate the current financial issues that adversely impact CHWs and their ability to earn an income commensurate with their contributions to improving health outcomes

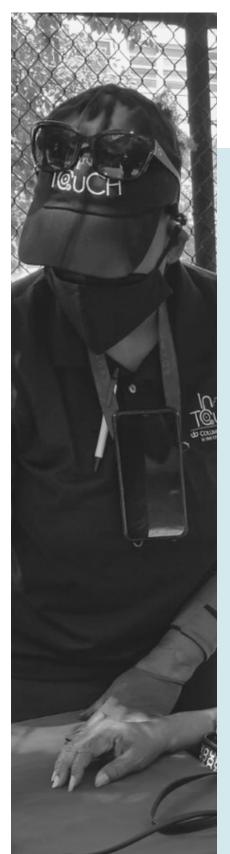
VIP COMMUNITY SERVICES, BRONX

Vocational Instruction Project (VIP) Community Services offers a continuum of health services, including, among others, primary care, housing, medication assisted treatment (MAT), outpatient substance use treatment, mental health treatment, residential substance use treatment, case-management, and care coordination. InTOuCH partnered with VIP in May 2022 to provide free CHW training to their staff and clients. VIP offers health and vocational services to InTOuCH CHWs and communities served by them.

SERVICES OFFERED

- Security Training
- •OSHA 30 Certification & Site Safety
- •F01 Fireguard Training
- Resume help
- Job Readiness Workshops
- Assistance with obtaining your Ed. High School Equivalency





PARTNERSHIPS

Our list of <u>faith -based partners</u> is as follows:

Abundant Life Christian Center Abundantly Blessed Bible Assembly Abyssinian Baptist Church.

Baptist House of Prayer Bethel Church of Our Lord Jesus Christ

Bethel Gospel Assembly

Brooklyn Bethel SDA Church

Brooklyn Temple

Canaan Baptist Church

Christian Cultural Center

Christian Fellowship Church of Brooklyn

Church of God of East Flatbush

City Gates International Church

City Tabernacle SDA Church

Convent Avenue Baptist Church

Cornerstone Baptist Church

Ebenezer Baptist Church*

Ephesus Seventh Day Adventist Church

First Lady of Pilgrim Cathedral of Harlem

First White Plains 7th Day Adventist Church

Fort Motte Baptist Church

Fruit of Increase Ministries

Good Shepherd Services*

Goshen Temple 7th Day Adventist

Greater Centennial AME Zion/Canaan Baptist Church

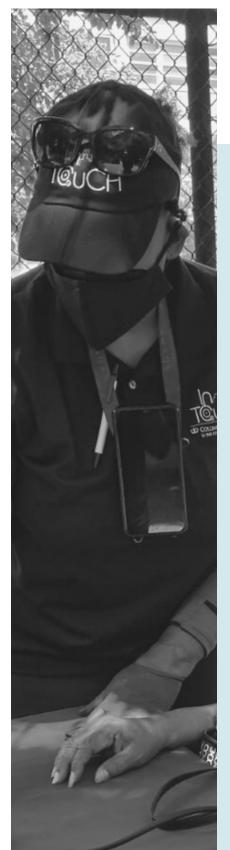
Greater Refuge Temple 7th Day Adventist Church

Greater Tabernacle Baptist Church

Macedonia Seventh Day Adventist Church

Manhattan Interfaith Advisory Group*

• = NEW PARTNERSHIP



PARTNERSHIPS

Our list of faith -based partners is as follows:

Mother AME Zion Church Mount Olivet Baptist Church New Convent Temple, UHC

New Hope Seventh Day Adventist Church

New Jerusalem Worship Center

New Mount Zion Baptist Church

Oasis Church on 172nd & Audubon

Our Lady of Refuge Roman Catholic Church

Prince Hall Grand Lodge New York

Rivers of Living Waters Church

Riverside Church in the City of New York

Salem United Methodist Church

Shiloh Baptist Church

St. Charles Borromeo Roman Catholic Church

St. James Presbyterian Church

St. John's Baptist Church

St. Luke's AME Church

St. Mark the Evangelist Roman Catholic Church

St. Paul Baptist Church

The Brooklyn Tabernacle Church

The Church of the Good Shepherd

The Church of God of East Flatbush

Time Square Church

Universal Baptist Church

Victory Seventh Day Adventist Church

Williams Intuitional CME Church

Yonkers 7th Day Adventist Church



PARTNERSHIPS

Our list of community -based partners is as follows:

Bard Prison Initiative*

Blurred Vision Entertainment*

Choose Healthy Life, Inc.

Delta Sigma Theta, Inc., North Manhattan Alumnae Chapter*

Double Discovery Center

Hamilton Grange Senior Center*

Harlem Chambers of Commerce*

Harlem Congregation for Community Improvement*

Harlem Week

HOPE Center

Hospitality Committee at World Changers Church

Impactivo Consulting*

L.E.A.R.N.I.T.*

National Association Advancement of Colored People, Mid-

Manhattan Chapter*

National Association of Community Health Workers*

New York City Housing Authority*

New York State of Health*

NMIC Community Health Workers

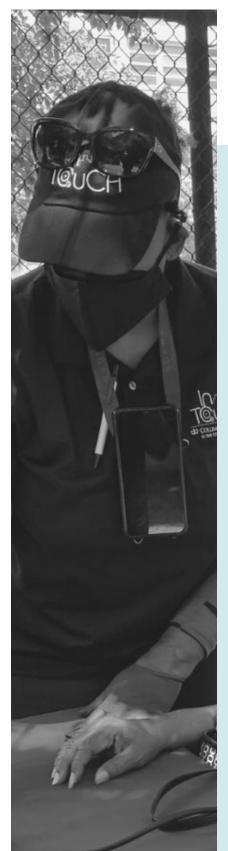
Silicon Harlem

United Way of New York City*

VIP Community Services*

West Harlem Development Corporation

100 Black Men*



PARTNERSHIPS

Our list of Columbia Affiliates is as follows:

Columbia Business School*

Columbia Community Partnership for Health

Columbia University Irving Medical Center Edward S.

Harkness Eye Institute*

Columbia University Irving Medical Center Office of

Community Services Programs*

Columbia University School of Nursing

Columbia University School of Social Work*Columbia

University Vagelos College of Physicians and Surgeons*

COVID-19 Columbia Student Service Corp.

Ichan school of Medicine at Mount Sinai*

Irving Institute for Clinical and Translational Research (CTSA Board)

Johnson & Johnson Services, Inc.*

LaGuardia Community College*

Mailman School of Public Health*

New York State Psychiatric Institute*

NYU School of Global Public Health

RAND Corporation*

Rutgers University Urban Health and Wellness Institute*

Teacher's College, Columbia University*

The Forum at Columbia University*

University of California Irvine*

Yeshiva University*

York College, Department of Health and Human

Performance*

Zuckerman Mind Brain Behavior Institute*

COMMUNITY ENGAGEMENT

Engagement Outcomes (2021-2022)

InTOuCH trains two cohorts per year: Fall & Spring

Number of CHWs trained: 35

- Cohort 12: October December 2021, 12 members
- Cohort 13: May June 2022, 23 members

Number of screening events: 31

Number of individuals screened for BP: 560

Number of insurance sign-ups: 120

Number of CHWs hired as Columbia Variable Hours Officers: 25

The TRIUMPH Study

Transforming your Mental Health through Prayer & Healing

Mission: To work with Black churches in New York City to identify community members who are experiencing stress, anxiety, grief from loss, or depression. Participants will be connected with Community Health Workers (CHWs) from each church to be screened for anxiety & depression and equipped with mental health resources. Participants must be 18 years or older, and must be a NYC resident.

Number of churches enrolled: 12 Number of CHWs involved: 25

Number of participants screened: 60+

Alumni Continuing Health Education

- COVID-19 Town Hall Series
- LEARNIT Technology Training



May, 2022 Event



May 21, 2022 12:00 to 6:00 p.m.



June, 2022 Event



Organized by New York African Chorus Ensemble in partnership with Manhattan Borough President Gale Brewer, Assemblyman Al Taylor, 30th Precinct, New Heritage Theatre Group, Harlem School of the Arts, St. James Presbyterian Church and Community Board 9.



LIVE PERFORMANCES INSPIRED BY FESTIVALS AROUND THE WORLD.

Breathtaking live performances, arts and crafts, food and retail vendors, fashion show, International Drum Circle, new technology showcase, activities for children, health, safety, and wellness activities, photo booths, including information resources, free giveaways and much more!

> **SAT. JUNE 1, 2019** 12PM - 6PM

St. Nicholas Avenue btw. 141st. & 145th Street Harlem **SAT. JUNE 8, 2019** 11AM. 7PM

Jackie Robinson Park 85 Bradhurst Ave. NY. Cross streets: W. 148th St. and Bradhurst Ave.

































ALL VENDORS, SPONSORS AND EXHIBITORS CONTACT US AT: 347-938-9335

f 🄰 💿 @NYCMultiCulFest | For more information & tickets visit www.multiculturalfestival.nyc



Harlem Multicultural Festival: CHW – Marie Taylor, Cohort 1

Ebenezer Gospel Tabernacle in partnership with the 121st St Resident Block Association





CHWs: Marie Taylor (Cohort 1), Glenn McMillan (Cohort 6), Pator Philip Falayi, (Cohort 12) Gretchen Robinson (Cohort 11), Paula Stevenson (Cohort 11), Abena Smith (Cohort 1)

July, 2022 Events













Preparedness Training for an Active Shooter or Armed Intruder in a House of Worship

Tuesday, July 12, 2022, 9:00am - 11:00am

The Salvation Army Greater New York Division, Centennial Memorial Temple,
120 W 14th St, New York, NY 10011

Clergy & leaders/security-decision-makers for congregations and faith-based organizations are invited to join this two-hour training to enhance awareness of and response to an active shooter event.

- Discuss the elements of active shooter incident response planning with guidance from experts.
- Describe common behaviors, conditions, and situations associated with active shooter events.
- Discuss how to recognize potential workplace violence indicators.
- Provide information about best practices, communications protocols, and resources that will assist stakeholders to develop or enhance their emergency planning, preparedness, and response to active shooter incidents.

PRESENTED BY KATHLEEN THOMPSON

Kathleen Thompson, the Community Security Initiative's Training Specialist, is a retired 30-year veteran of the New York City Police Department. Her assignments included the First Precinct in Manhattan's financial district, the Narcotics





REV. CARL L. Washington Jr., Pastor

NEW MT ZION BAPTIST CHURCH

PRESENTS

GET TO KNOW YOUR CHURCH DAY

COME OUT AND JOIN US WITH

MUSIC · FOOD · FUN · SCHOOL SUPPLIES · FACE PAINTING · AND MORE

SATURDAY, JULY 23, 2022 - 9AM - 5PM

171 WEST 140TH ST - NEW YORK, NY 10030

SEE YOU THERE!

FOR MORE INFO: 212.283.0788 - INFO@NMZBC.ORG





St. Luke Day!

Entertainment Street Fair

Fellowship Vendors

Festival

152nd st.

Bet Amsterdamn & Broadway

Saturday 8am-6pm July 30, 2022

> St. Luke AME Church 1872 Amsterdam Avenue

NY, NY 10031 Rev. Stephen. A Green, Pastor Sponsored by the Food **2022 ILSLD** Committee



VICTORY SEVENTH-DAY ADVENTIST CHURCH

1271 BURKE AVENUE, BRONX. NEW YORK 10469 | WWW.VICTORYSDA.ORG \ COMMUNICATION@VICTORYSDA.CHURCH

HEALTH EMPHASIS DAY



WORSHIP SERVICE @ 11 AM

LIVE STREAMING: (ROKU







Visit www.victorysda.church/live for platforms links

HEALTH PRESENTATION @ 3PM

Zoom: ID # 836459984 | Passcode: 12345

"HEALTH FOR A LIFETIME"

Guest Presenter / Speaker

L. Jeannine Bookhardt-Murray; MD



Seventh-day Adventist Church Federation





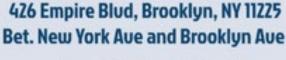
HEALTH

This community event, is designed to encourage healthy lifestyles, prevent and manage diseases and connect you to resources.



WHEN: SUNDAY, JULY 31st, 2022

TIME: 12PM TO 4PM





Some Featured Booths:

BLOOD PRESSURE CHECK DENTAL

GLUCOSE SCREENING CHOLESTEROL SCREENING FDNY CPR UNIT 8 LAWS OF HEALTH

DEFEATING DIABETES
KITCHEN MEDICINE
NATURAL REMEDIES

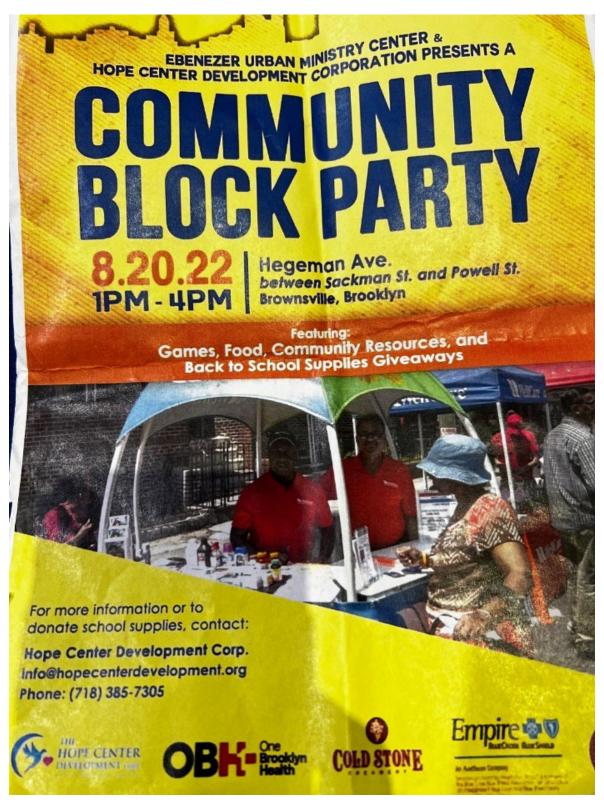
PLANT-BASED FOOD SAMPLES MENTAL HEALTH

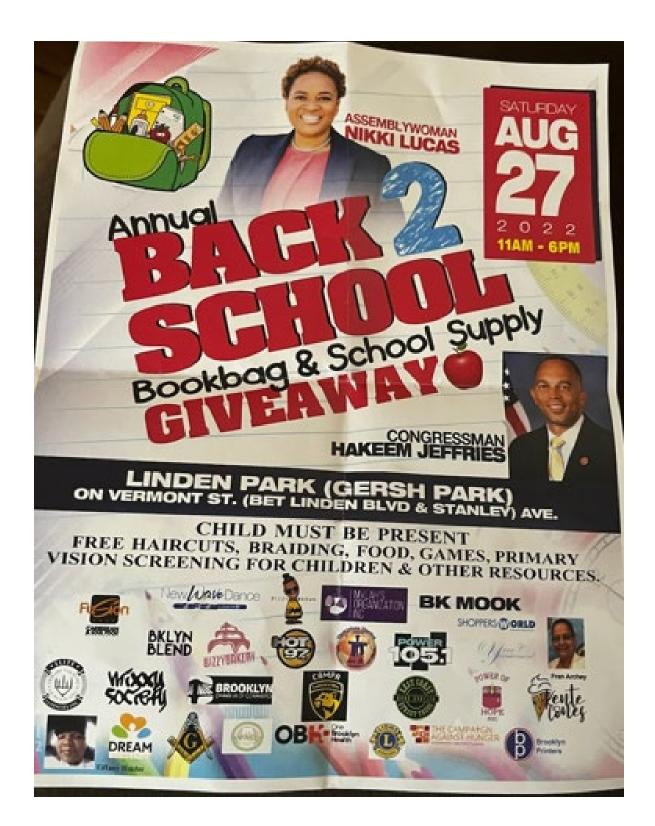
AND MUCH MORE...





August, 2022 Events

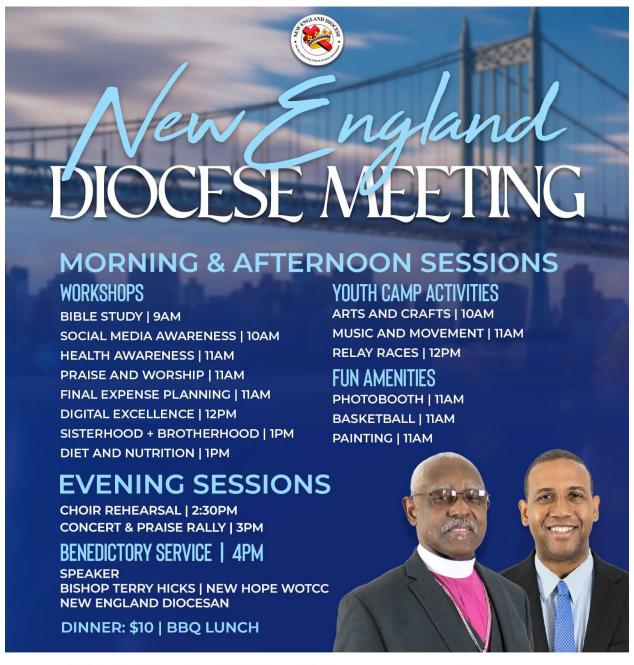




September, 2022 Events

9/11 Screening Event at Covent Avenue Baptist Church- Book Bag Giveaway

9/14 & 9/21 BP Screening at Pantry- Victory Seventh day Adventist Church





HOST CHURCH: NEW BETHEL WOTCC 25 W. 118TH STREET NEW YORK, NY 10026











