

**Manhattanville in West Harlem Implementation Plan Report
October 16, 2017 Submission**

Declaration Reference and Key Data

Obligation Section Number: **5.07(c)(ii)**

Obligation Title: **Mind Brain Behavior Public Outreach Center**

Obligation Page Number: **52**

Obligation Trigger: **Issuance of TCO for Development Site 2**

Obligation Start Date: **August 25, 2016**

Obligation End Date: **25 Years from Commencement of the Public Outreach Center's Full Operation**

Obligation Status: **In Compliance**

Obligation

Mind Brain Behavior Public Outreach Center. CU shall locate within Development Site 2 (the proposed Jerome L. Greene Science Center) a Screening and Education Center for community outreach. The purpose of the Center shall be to provide stroke awareness lectures and free blood pressure and cholesterol screenings. The Center shall commence operation upon issuance of the temporary certificate of occupancy for the Jerome L. Greene Science Center and operate for a 25-year period from commencement of full operation.

* The center opened to the public in September 2017. Therefore, this obligation will be in effect until 2042, 25 years from the commencement of the center's full operation.

Evidence of Compliance

1. Press release and/or announcement about center opening
2. Link to website
3. Annual report
4. Signage at Jerome L. Greene Science Center/MBB Building

Columbia University's Implementation Plan and all supporting documentation are made available on the Community Services Webpage at <http://manhattanville.columbia.edu/community/benefits-and-amenities>.

COLUMBIA | Wellness Center

**Located in Columbia University's new
Jerome L. Greene Science Center in West Harlem**

The Wellness Center provides free blood pressure readings, cholesterol screening and A1C glucose testing to the community. Visitors will receive a record of their results, as well as information on ways they can improve their health.

On request, Wellness Center staff will provide information about free and low-cost health care available throughout Harlem and upper Manhattan. The Wellness Center will also provide onsite assistance with health insurance enrollment.

In addition to providing free blood pressure and cholesterol screening, the Wellness Center is home to two programs dedicated to empowering the community through health education.

The Mental Health First Aid (MHFA) program is dedicated to improving access to quality mental health in Harlem. The program teaches participants the warning signs of mental health problems, helps build an understanding of the importance of early intervention and seeking support. Information about support groups, tools for mental health, and local resources will be provided.

The Institute for Training Outreach and Community Health (InTOuCH) is a free community-based program designed to raise awareness about stroke and heart attack prevention. Through its rigorous training program, InTOuCH participants commit to serving the community as volunteer health workers and as counselors at Columbia's Wellness Center and local screening events.

www.zuckermaninstitute.columbia.edu/community-wellness-center

NOW OPEN
MONDAY-FRIDAY 9 A.M.-5 P.M.

**610 W. 130th Street
New York, NY 10027
1-212-853-1146**

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Mind Brain Behavior Public Outreach Center

Link to website:

<https://zuckermaninstitute.columbia.edu/blood-pressure-cholesterol-screenings>

The screenshot shows the top portion of a website. At the top left, it says 'Columbia University in the City of New York'. Below that, the header includes 'COLUMBIA | Zuckerman Institute' and 'Mind. Brain. Behavior.'. Navigation links include 'SCIENCE | PEOPLE | PUBLIC PROGRAMS | EVENTS | NEWS | ABOUT'. On the right, there are icons for search, email, Instagram, Twitter, and Facebook, along with a 'SUPPORT' button. The main content area features a large image of a blood pressure cuff being used on a person's arm. Overlaid on this image is the text 'PUBLIC PROGRAMS' and 'Blood Pressure & Cholesterol Screenings'. A blue box on the right side of the image contains the text 'NEWS' and 'Community Wellness Center to Open at Manhattanville'. At the bottom right of the image, there is a small caption: 'A blood pressure test (credit: Columbia University Medical Center)'.

Health screenings for West Harlem now open

A specially designed Wellness Center on the ground floor of the Jerome L. Greene Science Center, located at 610 West 130th St., offers free blood pressure readings and cholesterol tests to area residents. Wellness Center staff also provide health education materials and information on local health resources to community members.

The Wellness Center provides blood pressure and cholesterol testing on weekdays and select weekends to all who walk in. Visitors will be given a record

Annual Report: Mind Brain Behavior Public Outreach Center (Wellness Center)

State Submission Annual Reporting Period: **October 2016 - September 2017**

The Wellness Center, situated on the ground floor of the Jerome L. Greene Science Center, located at 610 West 130th Street, offers health resources to serve area residents. The Wellness Center staff provide free blood pressure readings and cholesterol tests on weekdays and select weekends to all visitors. Visitors are given a record of their results, as well as information on ways they can improve their health. Information on free, low-cost clinical resources and referrals in the neighborhood and within the New York-Presbyterian/Columbia University Medical Center community will also be available. *Please note the Wellness Center is not a clinical practice.*

Blood Pressure and Cholesterol Screenings

*Please note that due to construction delays, the Wellness Center opened to the public in September 2017.

Month	Blood Pressure Screenings	Cholesterol Screenings	Total
Oct-2016			
Nov-2016			
Dec-2016			
Jan-2017			
Feb-2017			
Mar-2017			
Apr-2017			
May-2017			
Jun-2017			
Jul-2017			
Aug-2017			
Sep-2017	12	0	12
	12	0	12

Stroke Awareness

The Wellness Center will house the Community Health Worker Stroke Prevention program (CHW), which empowers communities to combat stroke. The program includes 6-week trainings, held throughout the year at the Wellness Center, that give local residents the tools they need to become community health workers. Volunteers learn about various cardiovascular health topics, including motivational interviewing, with a special emphasis on stroke and related risk factors. Alumni of the program serve as health advocates in their communities and at faith-based organizations, with the overall goal of improving stroke outcomes and lowering the prevalence of stroke and related risk factors. The curriculum was developed with the assistance of community focus groups and in consultation with experts in health education.

The program, modeled on the Center for Disease Control and Prevention’s CHW training curriculum, with the addition of culturally tailored multimedia components, is led by Olajide Williams, MD, chief of staff of neurology and associate professor of neurology at Columbia University Medical Center, founder of Hip Hop Public Health, and codirector of the Center for Stroke Disparities Solutions in New York.

InTOuCH Community Health Worker Training Program		
Cohort #	Program Dates	Number of people trained
1	11/07/16 – 12/23/16	11
2	01/09/17 - 02/24/17	13
3	04/04/17 – 05/11/17	9
4	09/12/17 – 11/02/17	13

Additional Supporting Documentation

- Annual operating schedule for the center

The Wellness Center

610 W. 130th Street, NY, NY 10027

Wellness Center Hours of Operation

Fall-Winter 2017

Monday	9-5
Tuesday	9-5
Wednesday	9-5
Thursday	9-5
Friday	9-5
Saturday	

Extended hours beginning April 2nd, 2018:

Monday	8-4
Tuesday	11-7
Wednesday	8-4
Thursday	11-7
Friday	8-4* (*CLOSED every 3 rd Friday)
Saturday	8-4* (*OPEN every 3 rd Saturday)



JEROME L.
GREENE

SCIENCE
CENTER

NG KING SCHOOL
XING SCHOOL



JEROME I.
GREEN SCIENCE
CENTER

JEROME L
GREENE SCIENCE
CENTER



COLUMBIA UNIVERSITY

JLG Lobby

610 W 130 STREET

WELLNESS
CENTER

WELLNESS
CENTER



610 W 130 STREET
NORTH ELEVATION
1/2" = 1'-0"



TYPE 1.3
FINAL ARTWORK