

Neighbors Bulletin



Photo by Kevin Dale.

Community Updates

WHERE TO SEE HOLIDAY LIGHTS THIS DECEMBER

The days have gotten shorter, but holiday lights are going on all over the city to keep the nights bright. Columbia's Morningside and Manhattanville campuses are all lit up, and so is Harlem's main thoroughfare, 125th Street. Thanks to all of our friends and neighbors who came out to celebrate the lights going on in Manhattanville, and who joined in the fantastic annual parade put on by the 125th Street BID.

If that's not enough to satisfy your desire for sparkly lights, here's a few more places uptown and around the city to see holiday lights:

- Head to the Harlem Meer in Central Park to see the trees lit up in the center of the Meer.
- Morningside Park and the West Harlem Piers are lit up to celebrate the season.
- Feeling like a classic? The Christmas tree at Rockefeller Center never disappoints.
- They're a bit pricier, but the New York Botanical Garden, Bronx Zoo, and Brooklyn Botanic Garden all have beautiful lights shows.
- Celebrate Hanukkah at Grand Army Plaza with the lighting of the largest Menorah in Brooklyn from December 18 to 25.

Got a favorite tree or lighting ceremony that isn't included? Let us know at neighbors@columbia.edu.

SHOP LOCAL THIS HOLIDAY SEASON



Get your holiday shopping done and help support local businesses at the same time. Whether you're looking for somewhere to stock up on sweet treats to share at a party, or you need presents for your in-laws, there's something for everyone at the fantastic locally owned stores in Harlem and Washington Heights. You'll have no trouble finding beauty products, children's toys, fashionable clothing, beautiful flower arrangements, and great restaurants that can keep you full of tasty food.

The Columbia Neighbors Shop & Dine Local guide has a great selection of what's available at neighbors.columbia.edu/shopdinelocal.

Community Events

Check with event organizers for the latest updates, find more events at neighbors.columbia.edu/events



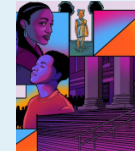
Louis Armstrong Jazz Performance Program ft. Craig Taborn

December 9, 7:30 pm

Bringing together many talented jazz

players at Columbia, this free concert will feature three groups from the jazz performance program.

neighbors.columbia.edu/forum-jazz



New York Public Library Presents: Social Resilience Model Workshop

December 10, 2:30 pm

Learn about the

physiological processes of stress, distress, and trauma, and develop skills to address moments of heightened stress.

neighbors.columbia.edu/resilience

H.E.A.L.T.H for Youths College Readiness Series

December 11, 11:30 am

This session will focus on building a draft

resume. Future sessions will include essay writing, the college interview process, and more.

neighbors.columbia.edu/ResumeBuild

The Wellness Circle

December 13, 12:00 pm

The Forum and the

Harlem Wellness

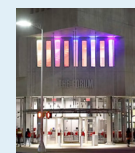
Center hold free

weekly chair stretches

and meditation sessions in the West

Atrium.

neighbors.columbia.edu/wellnesscircle



Music Monday at The Forum featuring Every Voice Choirs

December 19, 6:00 pm

Enjoy a special "Community Caroling"

performance, featuring the Every Voice Kids Choir, Youth Choir, and Concert Choir, and Hunter Singers.

neighbors.columbia.edu/music-monday



NYSOM Holiday Mania 2022

December 17, 2:00 pm

Join in the mania that will include a gift giveaway, a winter

wonderland with Santa and the elves, a Kwanzaa Village, karaoke, and much more.

neighbors.columbia.edu/holiday-mania